

# Hoist 'Em Up

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Easy Intermediate  
编舞者: Tony Wilson (USA) & Lana Harvey (USA) - October 2008  
音乐: Sloop John B - The Beach Boys : (CD: Stars And Stripes)



Teach: Leaving Of Liverpool, Showband Show, 94 BPM, Tradition Lives On CD

Start after 12 counts on vocals

## SAILOR STEPS, ½ PIVOTS

1&2      Step R behind L, step L to left side, step R next to L  
3&4      Step L behind R, step R to right side, step L next to R  
5-6      Step R forward, pivot ½ left on ball of L weight ending on L  
7-8      Step R forward, pivot ½ left on ball of L weight ending on L

## STOMP, CLAP, STOMP, CLAP, HEEL, TOE, SHUFFLE FWD

1-2      Stomp R forward, hold and clap  
3-4      Stomp L forward, hold and clap  
5-6      Touch R heel forward, touch R toe back  
7-8      Shuffle forward RLR

## ¼ PIVOT, CROSS SHUFFLE, ¼ TURN L, FWD LOCK STEP

1-2      Step forward on L, pivot ¼ right on ball of R weight ending on R  
3&4      Cross step L over R, step R slightly to right, cross step L over R  
5      Pivoting ¼ left on ball of L, step R back  
6      Rock back on L (you are now facing wall 1 with body angled left)  
7&8      Step R forward, lock L behind R, step R forward

## HEEL, TOE ½ TURN L, SHUFFLE FWD, STOMP, CLAP, STOMP, CLAP

1-2      Touch L heel forward, touch L toe back  
&      Pivot ½ left on ball of R  
3&4      Shuffle forward LRL  
5-6      Stomp R forward, hold and clap  
7-8      Stomp L forward, hold and clap

Start Again