

Put A Little Love In Your Heart

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jo Thompson Szymanski (USA) - November 2008
音乐: Put a Little Love In Your Heart - Scooter Lee : (CD: Home To Louisiana)



Two Kick Ball Crosses, Syncopated Vine Right, Cross Rock, Recover

1&2 Kick right diagonally forward, rock right back (with ball of foot), cross left over right
3&4 Repeat counts 1&2
&5-6 Step right to side, cross left behind right, step right to side
7-8 Cross/rock left over right, recover to right

(&) Cross, ¼ Turn, Back Triple, Coaster Step, Forward Rock, Recover

&1-2 Step left to side, cross right over left, turn ¼ right and step left back
3&4 Step right back, step left together, step right back
5&6 Step left back, step right together, step left forward
7-8 Rock right forward, recover to left

Hustle Switches: ½ Turns Right And Left

&1-2 Rock right back (with ball of foot), recover to left, step right forward and turn ¼ right
3-4 Turn ¼ right and step left back, step right back
&5-6 Rock left back (with ball of foot), recover to right, step left forward and turn ¼ left
7-8 Turn ¼ left and step right back, step left back

Side Ball Change, 3 Step Jazz Box, Heartbeat Slide Left, Right, Left & Left

&1 Rock right to side (with ball of foot), recover to left
2-4 Cross right over left, step left back, step right to side
5-6 Step left to side (leading with left hip. Bend knees slightly and keep them bent until the end of the dance), step right to side (leading with right hip)
7&8 Step left to side (with left hip lead), step right together (hips still left), step left to side (with left hip lead)

Optional: pat right hand over heart 4 times on counts 5,6,7,8
Counts 5-8 do not travel forward, it just goes side to side

Repeat
