

# Shake It For Me!

拍数: 48      墙数: 2      级数: Intermediate  
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音乐: Wiggle It - Ricki-Lee



**Intro: 16 count intro. Start after she says "Hey".**

**(1-8) Rock Forward & Back, ¼ Cross & Cross, Rock & Cross, ¼ Turn, ½ Turn**

1&2&      Rock forward on right, recover weight back on left, rock back on right, recover weight forward on left.  
3&4      Cross right over left making ¼ turn right, step left to left side, cross right over left.  
5&6      Rock left to left side, recover onto right, cross left over right.  
7,8      Step back on right making a ¼ turn left, step forward on left making ½ left.

**(9-16) Step Hold, Ball Cross, Step, Coaster Step, Rock And Hitch.**

1 2      Step forward on right , hold  
&3,4      Step right back , cross left over right, step right to right side  
5&6      Step back on left, step right beside left, step forward on left  
7&8      Rock forward on right, recover weight back on left, hitch right

**(17-24) Step Back , ¼ Step Touch , Hip Bumps, Coaster Step, Sweep ½ Turn Step**

& 1 2      Step back on right , make ¼ left stepping left to left side, touch right to right side  
3&4      Bump hips right left right (putting weight down on right on the last bump)  
5&6      Step back on left, step right beside left, step forward on left  
7,8      Sweep right leg around making ½ turn left, step down on right

**(25-32) Knee Pops, ¼ Ball Step, Step, Roll , Sit , Back Rock Side, Step Behind, Step**

&1      Pop both knees out , pop both knees in  
&2      Step right in place, cross left over right making ¼ left  
3,4,5      Step right to right side, Roll hips anti-clockwise, Sit Back on Right  
6&7      Rock left behind right, recover weight on right, step left to left side  
8&      Step right behind left, step left to left side

**(33-40) Cross, Kick Out Out, Hold, Ball Step, Back Lock Step, Rock**

1,2&3      Cross right over left, kick left forward, step back left, right  
4&5      Hold, bring right to left, step left to left side  
6&7      Step back on right, cross left over right , step back on right  
8      Rock forward on left

**(41-48) Back Lock Step, Coaster Step, Touch, Hip Bumps ½ Step, Hip Bumps ½ Step**

1&2      Step back on right, cross left over right, step back on right  
3&4      Step back on left, bring right to left, step forward on left  
5&6      Touch right forward bumping hips right left right making ½ over left (putting weight back on the right on last hip bump)  
7&8      Touch left back bumping hips left right left making ½ over left (putting weight forward on left on last hip bump)

**Have Fun!**