

# Alla Flickor

COPPER KNOB  
BY STEPHEN HETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Ross Brown (ENG) - October 2008  
音乐: Alla Flickor - Linda Bengtzing : (CD: Ingenting Att Förlora)



## Intro: 8 Counts (Approx. 5 Secs)

### POINT; FORWARD, SIDE. COASTER STEP. SHUFFLE FORWARD. STEP, PIVOT ½ TURN.

- 1-2            Point right toe forward, point right toe to the right.  
3&4           Step back with right, step left next to right, step forward with right.  
5&6           Step forward with left, close right up to left, step forward with left.  
7-8           Step forward with right, pivot a ½ turn left. (6 o'clock)

### POINT; FORWARD, SIDE. COASTER STEP. SHUFFLE FORWARD. ROCK FORWARD, RECOVER.

- 1-2            Point right toe forward, point right toe to the right.  
3&4           Step back with right, step left next to right, step forward with right.  
5&6           Step forward with left, close right up to left, step forward with left.  
7-8           Rock forward with right, recover onto left.

### SHUFFLE ½ TURN. TOUCH FORWARD, FLICK ¼ TURN, CROSS. SIDE POINT, FLICK, CROSS.

- 1&2           Shuffle a ½ turn right stepping; right, left, right. (12 o'clock)  
3-4-5          Touch left toe forward, make a ¼ turn right flicking left foot to left, cross step left over right. (3 o'clock)  
6-7-8          Point right to the right, flick right foot to the right, cross step right over left.

### SIDE ROCK, RECOVER ¼ TURN. SHUFFLE FORWARD. STEP, PIVOT ½ TURN, FULL TURN OVER TWO STEPS.

- 1-2            Rock left to the left, make a ¼ turn right recovering onto right. (6 o'clock)  
3&4           Step forward with left, close right up to left, step forward with left.  
5-6           Step forward with right, pivot a ½ turn left. (12 o'clock)  
7-8           Make a full turn left stepping; back with right, forward with left. (12 o'clock)

**Alternative You can WALK FORWARD; RIGHT, LEFT on Counts 7-8.**

### SIDE WITH ARMS, SWIVEL WITH SLAP. SWIVEL WITH ARMS, SWIVEL WITH SLAP, SWIVEL, SWIVEL. SAILOR STEP.

- 1-2            Step right to the right raising arms up in a V shape with palms upwards, swivel heels to the right slapping thighs with both hands.  
3-4           Swivel heels to the left raising arms up again, swivel heels to the right slapping thighs.  
5-6           Swivel heels to the left, swivel heels to the right. (Weight ends on Right)  
7&8           Cross step left behind right, step right to the right, step right to the right.

**Restart: On wall 3, you restart the dance at this point. (Facing 12 o'clock)**

### CROSS, SIDE POINT. TOGETHER, SIDE POINT, CROSS. 2x KICK BALL CROSS.

- 1-2            Cross step right over left, point left to the left.  
&3-4          Step left next to right, point right to the right, cross step right over left.  
5&6           Kick left foot to left forward diagonal, step left next to right, cross step right over left.  
7&8           Kick left foot to left forward diagonal, step left next to right, cross step right over left.

### SIDE ROCK, RECOVER. BEHIND, STEP ¼ TURN. STEP, LOCK, STEP. STEP, PIVOT ¼ TURN.

- 1-2            Rock left to the left, recover onto right.  
3-4           Cross step left behind right, make a ¼ turn right stepping forward with right. (3 o'clock)  
5&6           Step forward with left, lock right behind left, step forward with left.  
7-8           Step forward with right, pivot a ¼ turn left. (12 o'clock)

**DOROTHY STEP ¼ TURN. TAP HEEL, HOLD. TOGETHER. (x2)**

- 1-2& Step forward with right, lock left behind right, make a ¼ turn left stepping right next to left. (9 o'clock)
- 3-4& Tap left heel forward, hold for 1 count, step left next to right.
- 5-8& Repeat 1-2& and 3-4& of this Section. (6 o'clock)

**End of Dance. Start again and Enjoy!**

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