

# Beggin

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Joey Warren (USA) - October 2008  
音乐: Beggin' - Madcon



## Slide-Step, Rock-Recover-Step, Slide-Step, Rock-Recover-Step

1 – 2      Big step out to R, Step L foot next to R (push off your L foot to take big step w/ R)  
3-&-4      Rock back on R foot, Recover on to L foot, Step R foot next to L  
5 – 6      Big step out to L, Step R foot next to L (push off your R foot to take big step w/ L)  
7-&-8      Rock back on L foot, Recover on to R foot, Step L foot next to R

## Cross Rock Recover, Out-Out-Cross-Touch, ¾ Turn R, Mambo Step

1 – 2      Cross Rock R foot diagonally across L, Recover back on L  
&3&4      Step R out to R, Step L out to L, Step R foot in towards L, Cross L foot over R  
&-5-6      Step R out to R side, Touch L toe behind R, Unwind ¾ turn L (weight on L)  
7-&-8      Rock R foot forward, Recover back on L foot, Step R foot back behind L

## Make 1 ½ Turns L, Walk x2, Mambo Step, ½ Turn R, ¼ Turn R

1 – 2      ½ turn L stepping L foot forward, Full Turn L stepping R forward  
3 – 4      Step L foot forward, Step R foot forward  
5-&-6      Rock L foot forward, Recover back on R, Step L foot back behind R  
7 – 8      ½ turn R stepping R foot forward, ¼ turn R stepping L foot out to L side

## R Sailor Step, Kick-Rock-&-Cross, 1 ¼ Turn

1-&-2      Step R foot behind L, Step L foot in place, Step R foot out to R side  
**(as you do the sailor step slightly turn yourself so you are at your R diagonal)**  
3-&-4      Kick L foot forward, step L foot beside of R, Rock R foot out to R side  
& - 5      Step L foot in place, Cross R foot over L (centering up with wall)  
6-7-8      ¼ turn L stepping L foot forward, ½ turn L stepping R back, ½ turn L stepping L forward

**RESTART: Happens AFTER you start your 8th wall. You dance the FIRST 16 counts but instead of stepping back on the right foot for count 8, you touch the R beside left and restart there. You will be facing the 12 o'clock wall.**

**TAG: Happens DURING the 10th wall. Dance the FIRST 16 counts and instead of stepping on count 8, touch like you did in the restart.**

1 – 8      You are going to do a full turn by doing chug steps around to the left. So weight stays on the left but you step out on the R turning about an 1/8th each time making the steps strong. Remember weight needs to be on L to start the dance.

**After tag, begin again!**