Stepping Stone



拍数: 32 编数: 2 级数: Intermediate

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音乐: Stepping Stone - Duffy



Step ¼ Turn, Step-Rock, Step x2, ¼ Turn Step-Cross, Side Step-Hold, Cross-Rock Recover- ½ Turn R Stepping Forward

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	1-2-&	Step R to R while starting ¼ turn L, Step L foot down, Step R foot beside L	
	3-4-&	Rock L foot forward, Step R foot back, Step L foot beside R	
	5-6-&	1/4 turn R stepping R foot to R side, Cross L over R, Step R foot to R side	
	7-&-8	Hold, Cross L foot over R, Rock R foot forward diagonally	
* (For count 1 – while stepping out on R, Lift L foot slightly off the ground)			

Recover-Half Turn R. Rock & Cross x2. Rock-Recover-Hitch. Hold. ½ Turn L

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& - 1	Recover back on L foot, 1/2 Turn R stepping R foot forward diagonally	
2-&-3	Rock L to L side, Recover over on R, Cross L foot over the R	
4-&-5	Rock R to R side, Recover over on L, Cross R foot over L	
6-&-7	Rock forward on L foot, Recover back on R while hitching L knee, Hold	
&-8-&	1/2 Turn L stepping L forward, Step R beside L, Step L slightly forward lining up with the 3 o'clock wall	

^{* (}All of these steps should be done to your R diagonal, except the last step)

Box Step, Step Lock Step, Rock-Recover-Step, Hold, Step-Brush-Step

1-2-&	Step R out to R side, Step L next to R, Step R foot back
3-4-&	Step L foot out to L, Step R foot forward, Lock L foot behind R
5-6-&	Step R foot forward, Rock back on L foot, Recover on to R foot
7-&-8	Hold, Brush L foot forward, Hitch L knee

Step-Rock, 1 1/4 Turn R, Rock Recover Side, Cross Rock Recover x2

& - 1	Step down on L foot, Rock R foot forward
2-&-3	Recover back L foot, ½ turn R stepping R forward, ½ turn R stepping back on L
4-&-5	1/4 turn R rocking out on R foot, Recover on L, Cross-Rock R foot in front of L
6-&-7	Recover weight back on L, Rock R foot out to R side, Hold
&-8-&	Recover weight back on L, Cross Rock R foot behind L, Recover on L foot

Begin Again! No Tags or Restarts!