

Guantanamera

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Kim Ray (UK) - October 2008
音乐: Guantanamera - Jody Bernal : (CD: Alle Hits)



Intro: 32 count intro:

Left Lock, Left Lock Left, Sways & Touch

1-2 Step forward on left, lock step right behind left popping left knee forward
3&4 Step forward on left, step right behind left, step forward on left
5-6 Stepping forward on right (facing left diagonal) sway hips forward, sway hips back
7-8 Sway hips forward, touch left next to right

Step Back, Cross Back Cross, Step Back Left, Step Back Right, Cross, Back Cross Back

1 Step back on left
2&3 Cross step right over left, step back on left, cross step right over left (counts 1-3 facing left diagonal)
4 Step back on left (straightening up)
5-6 Step back on right, cross step left over right
7&8 Step back on right, cross left over right, step back on right (counts 5-8 facing right diagonal)

Rock/Recover, Triple ½ Turn, ½ Turn & Step, Shuffle Forward, Step Forward

1-2 Rock back on left, recover forward on right
3&4 Triple ½ turn right stepping left, right, left
5 ½ turn right stepping forward on right
6&7 Shuffle forward to left diagonal stepping left, right, left
8 Step forward and to right diagonal on right

Cross Rock/Recover, Chassis Left, Cross Rock/Recover, Chassis ¼ Right

1-2 Cross rock left over right, recover back on right
3&4 Step left to left side, step right next to left, step left to left side
5-6 Cross rock right over left, recover back on left
7&8 Step right to right side, step left next to right, ¼ turn right stepping forward on right

(Restart wall 3 facing 9 o/c)

Pivot ½ Turn Right, Triple ½ Turn Right, Step Back, ½ Turn Left, Pivot ½ Turn Left

1-2 Step forward on left, ½ pivot turn right
3&4 Triple ½ turn right stepping left, right, left
5-6 Step back on right, ½ turn left stepping forward on left
7-8 Step forward on right, ½ pivot turn left

Cross Rock/Recover, Full Turn & Half Turn Right, Coaster Step

1-2 Cross rock right over left, recover back on left
3-4 ¼ turn right stepping forward on right, ½ turn right stepping back on left
5-6 ½ turn right stepping forward on right, ¼ turn right stepping left to left side
7&8 Step back on right, step left next to right, step forward on right

TAG: To be danced at END of wall 4 facing back

Mambo Forward, Mambo Back

1&2 Rock forward on left, recover back on right, step back on left
3&4 Rock back on right, recover forward on left, step forward on right

