

# Please Forgive Me

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Val O'Connor (UK) - October 2008  
音乐: Forgive Me - Leona Lewis



**Intro: 16 Counts (8 Secs) Start On The Words "There's A First Time"**

**Walk RI, Step Out RI, Step R, Scuff L, Cross Left, Back R, ¼ Left**

1-2&3-4      Walk forward right left, (&) step out R to R side and L to L side, step forward on Right.  
5-8      Scuff left forward, cross step L over R, step back on R, turn ¼ left stepping L to L side.

**Cross R Hold, & R Heel Hold, & Cross L, Point R Flick, ¼ Right Step**

1-2&3-4      Cross step R over L, hold for 1 count, (&) step back on L, dig R heel forward, hold for 1 count.  
&5-8      (&) step down on R, cross left over R, point R to R side, flick R foot behind L leg, turn ¼ R stepping forward on R.

**Sweep L Cross, Back R, ½ L, Side R, L Kick Ball Cross, Point L, Kick L Over**

1-4      Sweep L across R, step back on R, turn ½ L stepping forward on L, step R next to L  
5&6      Kick L forward, (&) step down on L, cross right over L.  
7-8      Point L to L side, kick L in front and across R.

**¼ L, Step R, L Mambo, R Rock Back, R Kick Ball Touch**

1-2-3&4      Turn ¼ L stepping forward on L, step forward R, rock forward on L (&) recover wt on R, step L next to R.  
5-6-7&8      Rock back on R, recover wt on L, kick R forward (&) step down on R, touch L next to R.

**Step L Kick R, Step R Kick L, L Behind ¼ R Step, L Touch Ball Cross**

1-4      Step L to L side as you dip down, kick R to R diagonal as you stand up, step R to R side (dip down), kick L to left side (stand up).  
5-6-7&8      Cross L behind R, turn ¼ R stepping forward R, touch L next to R, (&) step down on L, cross R over L.

**Point L Cross, Point R Cross, Back L, ½ R, ¼ R, Touch R**

1-4      Point L to L side, cross L over R, point R to R side, cross R over L.  
5-8      Step back on L, turn ½ R stepping forward on R, turn ¼ R stepping L to L side, touch R next to L.

**Turn ¼ R, L Touch Ball Cross, Point L Side Forward Side, L Behind & Cross**

1-2&3-4      Turn ¼ R stepping R to R side, touch L next to R, (&) step down on L, cross R over L, point L to L side.  
5-6-7&8      Touch L toe forward, point L to L side, cross L behind R, (&) step R to R side, cross L over R.

**Step Forward RI, R Coaster Step, L Heel Hold, Heel Switches RI, Step Down L**

1-2-3&4      Step forward R to R diagonal, step forward L to L diagonal, step back R, (&) step L next to R, step forward onto R.  
5-6&7&8&      Dig L heel forward, hold for 1 count, (&) step down on L, dig R heel forward, (&) step down on R, dig L heel forward, (&) step down on L.

**Restart From The Beginning**

