Nightbird

1 - 2

3& 4

5 – 6

7& 8

9 – 10



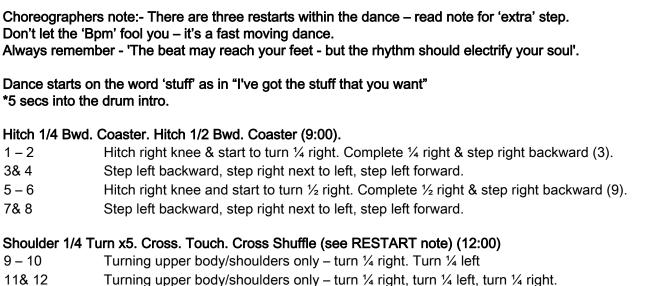
拍数: 32

级数: Intermediate

编舞者: William Sevone (UK) - October 2008

墙数:4

音乐: Queen of the Night - Whitney Houston : (The Bodyguard OST)



11& 12 Dance note: Count 12: swivelling on feet - turn WHOLE body to face 12:00

- 13 14Cross left over right. Touch right to right side.
- 15& 16 Step right behind left, step left to left side, cross right over left.
- RESTART: Walls 4. 7 and 9: after count 16 add -

'&.....Step left to left side' (in effect, an extended cross shuffle)

Diagonal Step. Side. Bending Body Roll. Touch. 1/4 Left Fwd (9:00)

17 – 18 Step left diagonally right. Start to bend knees whilst stepping right to right side.

- 19 20 Knees still bent - move body to centre. Leaning to left transfer weight to left.
- 21 22 Knees still bent - move body to centre. Leaning to right transfer weight to right.
- 23 24Straightening up – touch left next to right. Turn ¼ left & step forward onto left (9).

Style note: 18-22: The movement is 'fluid' - roll into it. (Hands on knees for extra balance and visual effect)

High Hitch. Bwd. 3/4 Left. Behind. 3x Pendulum Touch. 1/4 Right Together-Fwd (3:00)

- 25 26Hitch right knee high. Crossing right over left - step right backward.
- 27 28 Unwind ¾ left (weight on right) (12). Step left behind right.
- 29 30Leaning left - touch right to right side. Leaning right - cross touch right over left
- 31& 32 Leaning left – touch right to right side, turning ¼ right – step right next to left, step left forward (3).

Style note: 29-30: Pendulum action

DANCE FINISH: All the 12's: Wall 12 (incl restarts) Count 12 and facing 12:00

