

# Disco Volante

拍数: 64      墙数: 2      级数: Improver  
编舞者: TeeKay (NL) - October 2008  
音乐: Disco Volante - Fredrik Kempe : (CD: Trust me, My love)



## Stomp, Stomp, Cross, Step, Cross Rock, Step, Heel touch, Step, Cross, Step

1,2&      RF stomp/press 2 times diagonally right forward, RF step next to LF  
3,4      LF cross over RF, RF step to right side  
5&6      LF rock behind RF, weight back on RF, LF touch heel diagonally to left side  
&7,8      LF step back, RF cross over LF, LF step to left side

## Rock Step, Shuffle, Shuffle ½ Turn Right, Rock Step

1,2      RF rock back, weight back on LF  
3&4      Shuffle forward RF, LF, RF  
5&6      Shuffle forward and turn ½ right LF, RF, LF  
7,8      RF rock back, weight back on LF (06:00)

## Syncopated Mambo Step, Side Rock, Cross & Cross, Monterey Turn

1,2&      RF rock to right side, weight back on LF, RF step next to LF  
3,4      LF rock to left side, weight back on RF  
5&6      LF cross over RF, RF step to right side, LF cross over RF  
7,8      RF touch to right side, make ½ turn right and RF close next to LF (12:00)

## Touch, Hold, Step, Rock Step, Coaster Step, Step, Step ¼ Turn

1,2&      LF touch to left side, hold, LF step next to RF  
3,4      RF rock forward, weight back on LF  
5&6      RF step back, LF step next to RF, RF step forward  
7,8      LF step forward, LF+ RF make ¼ turn right (03:00)

## Sailor Step, Sailor Step, Lock Step, Step, ½ Turn

1&2      RF cross behind LF, LF step back, RF step to right side  
3&4      LF cross behind RF, RF step back, LF step to left side  
5&6      RF step forward, LF lock behind RF, RF step forward  
7,8      LF step forward, make ½ turn right on LF and sweep RF back (09:00)

## Rock Step, Kick Ball Step, Hitch With 1/8 Turn R, Hitch With 1/8 Turn R, Rock Step

1,2      RF rock back, weight back on LF  
3&4      RF kick forward, step next to LF on ball RF, LF step forward  
5,6      RF hitch knee making 1/8 turn right, RF hitch knee making 1/8 turn right  
7,8      RF rock back, weight back on LF (12:00)

## ½ Turn L, ½ Turn L, Shuffle, Step Pivot, Shuffle

1,2      Make ½ turn left stepping RF back, make ½ turn left stepping LF forward  
3&4      Shuffle forward RF, LF, RF  
5,6      LF step forward, LF + RF make ½ turn right  
7&8      Shuffle forward LF, RF, LF (06:00)

## Walk, Walk, Step, Walk, Walk, Stomp, Stomp, Step, Cross, Step

1,2&      RF walk forward, LF walk forward, RF step next to LF  
3,4      LF walk forward, RF walk forward  
5,6&      LF stomp/press 2x times diagonally left forward, LF step next to RF  
7,8      RF cross over LF, LF step to left side

**Start again!**

**(During the slower part of the music, slow down your feet so the dance will still phrase with the music)**

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