

In Disturbia

拍数: 32 墙数: 4 级数: Beginner
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音乐: Disturbia - Rihanna : (CD: Good Girl Gone Bad)



Intro: 32 counts

Walk, Walk, Kick Ball Step, Out-Out, In-In

- 1-2 Step r forward, step l forward
- 3&4 Kick r forward, step r next to l, step l forward
- 5-6 Step r diagonal forward, step l diagonal forward
- 7-8 Step r back, step l next to r (weight on l) (12 o'clock)

Point, Turn, Step, Lock, Step, Cross, Unwind, Back Rock

- 1-2 Point r back, $\frac{1}{2}$ turn right
- 3&4 Step l forward, lock r behind l, step l forward
- 5-6 Cross r over l, unwind (weight on r)
- 7-8 Rock back on l, recover on r (weight on r) (12 o'clock)

Kick Ball Cross X2, Side, Touch, Turn, Touch

- 1&2 Kick l diagonal to left side, step l next to r, cross r over l
- 3&4 Repeat 1&2 (this section)
- 5-6 Step l to left side, touch r next to l
- 7-8 Turn $\frac{1}{4}$ right stepping r forward, touch l next to r (3 o'clock)

Point, Hitch, Side, Touch, Rolling Vine, Step Forward

- 1-2 Point l to left side, hitch l in front of you
- 3-4 Step l to left side, touch r next to l
- 5-6 $\frac{1}{4}$ turn right stepping r forward, $\frac{1}{2}$ turn right stepping l back
- 7-8 $\frac{1}{4}$ turn right stepping r forward, step l forward (weight on l) (3 o'clock)

ENDING: Last wall starts on wall 3. In the last section (starting towards 6 o'clock) instead of stepping l forward (count 8), cross l over r and unwind over two extra counts up to front wall (12 o'clock).
