

Spotlight

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate West Coast
编舞者: Dee Musk (UK) - October 2008
音乐: Spotlight - Jennifer Hudson : (CD Single or Jennifer Hudson Album)



Intro: 32 Count Intro. (Approx 17 secs). Approx 108 BPM.

SECTION 1

WALK, WALK, ANCHOR STEP, L FULL TURN, L SAILOR STEP.

- 1,2 Walk forward R, L.
3&4 Step right behind left and rock back, recover weight to left, rock back on right.
5,6 Turning back make a ½ turn L stepping forward on L, make a ½ turn L stepping back on R.
7&8 Cross step L behind R, step R to R side, step L to L side. (12 o'clock).

SECTION 2

BACK ROCK TOUCH, BACK ROCK SIDE BEHIND, ¼ TURN R, STEP ½ TURN R, STEP LOCK.

- 1&2 Cross rock R behind L, recover weight to L, touch R to R side.
3&4& Cross rock R behind L, recover weight to L, step R to R side, cross step L behind R.
5 Make a ¼ turn R stepping forward on R.
6,7 Step forward on L, make a ½ turn R (weight forward on R).
8& Step forward on L, cross lock R behind L. (9 o'clock).

SECTION 3

STEP TAP, STEP BACK ½ TURN L, STEP ½ TURN R, BACK ROCK.

- 1,2 Step forward on L, tap R behind L.
3,4 Step back on R, make a ½ turn L stepping forward on L.
5,6 Step forward on R, make a ½ turn R stepping back on L.
7,8 Rock back on R, recover weight to L. (9 o'clock).

SECTION 4

SHUFFLES WITH HIP BUMPS FORWARD TURNING ½ TURN L X 2 , STEP ½ TURN R, BACK TOGETHER STEP LOCK.

- 1&2 Shuffle forward turning ½ turn L stepping R,L,R. (Use Latin style hips while shuffling).
3&4 Shuffle forward turning ½ turn L stepping L,R,L. (Use Latin style hips while shuffling).
5,6 Step forward on R, make a ½ turn R stepping back on L.
7&8& Step back on R, close L beside R, step forward on R, cross lock L behind R. (3 o'clock).

Enjoy - Luv Dee xx