

I Will Catch You

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ria Vos (NL) - October 2008
音乐: Fall (Almighty Radio Edit) - Kimberley Locke : (CD: Fall - The Radio Remixes)



Intro : 16 counts from heavy beat (±15 sec)

Side, Behind, Side, Point, Point, & Monterey ¼ Turn Right, Rock Forward

1-2 Step R to right side, Cross L behind R
&3 Step R to right side, point L across R
4& Point L to left side, step L next to R
5-6 Point R to right side, ¼ turn right step R next to L
7-8 Rock step forward on L, recover on R

Full Turn Left, ¼ Turn Left Side Step, Drag, & Jazzbox ¼ Turn Left

1-2 ½ Turn left step L forward, ½ Turn left step R back
3-4 ¼ Turn left long step L to left side, drag R next to L (weight on L)
&5-6 Step on ball of R next to L, cross L over R, step back on R
7-8 ¼ Turn left step L to left side, step R together (slightly back)

Cross, Hold, & Cross, Point, Weave Left, Side Rock ¼ Turn Right

1-2 Cross L over R, hold
&3-4 Step R to right side, Cross L over R, Point R to right side
5&6 Cross R behind L, step L to left side, cross R over L
7-8 Rock L to left side, turn ¼ right recover on R

Walk x2, & Side Rock, Pivot ½ Turn Right, Rock Forward, ¼ Turn Left Step Forward

1-2 Walk forward L and R
&3 Rock L to left side, turn to right diagonal recover on R (1:30)
4-5 Still on diagonal step L forward, pivot ½ turn right (7:30)
6-7 Rock forward on L, recover on R as you straighten up to 6:00
8 ¼ Turn left step L forward

¼ Turn Left with Bump, Touch Behind, ½ Turn Left, Kick-Ball-Step, ¼ Turn Left Side Rock

1-2 ¼ Turn Left touch R to right side bump hips right, step down on R
3-4 Touch L behind, ½ turn left (weight on L)
5&6 Kick R forward, step on ball of R next to L, step forward on L
7-8 ¼ Turn Left rock R to right side, recover on L

Behind-Side Rock, Behind-Side Rock, Rocking Chair

1&2 Step R behind L, rock L to left side, recover on R
3&4 Step L behind R, rock R to right side, recover on L
5-6 Rock back on R, recover on L
7-8 Rock forward on R, recover on L

Behind-Side Rock, Behind-Side Rock, Rock Back, Full Turn Left

1&2 Step R behind L, rock L to left side, recover on R
3&4 Step L behind R, rock R to right side, recover on L
5-6 Rock back on R, recover on L
7-8 ½ Turn left step back on R, ½ turn left step forward on L

Shuffle Forward, Pivot ½ Turn Right, Shuffle ½ Turn R, Rock Back

1&2 R shuffle forward
3-4 Step forward on L, pivot ½ turn right
5&6 L shuffle ½ turn right
7-8 Rock back on R, recover on L

Note: The dance is not perfectly phrased, just dance through everything!
