

Always On My Mind

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Joenan (AUS) - October 2008
音乐: Always On My Mind - Barbados



Count in: 32 counts

Step Right, Cross Rock, Recover, Step Left ¼ Turn Left, Full Turn Left, Step Forward On Right ¼ Turn Left, Step Left

- 1-4 Step Right to right side, cross rock Left over Right, recover onto Right, step Left to left side ¼ turn left
5-6 Full turn left stepping forward on Right ½ turn left, stepping back on Left ½ turn left
7-8 Step forward on Right ¼ turn left, step Left to left side

Cross Step, Touch, Rock, Recover ¼ Turn Left, Hip Sways

- 1-4 Cross step Right over Left, touch Left toes to left side, rock forward on Left, recover onto Right ¼ turn left
5-8 Step Left to left side and sway hips left, hold, sway hips right, sway hips left

Rock, Recover, Triple Step ¾ Turn Right, Rock, Recover, Triple Step ½ Turn Left

- 1-2 Rock forward on Right, recover onto Left
3&4 Triple step on Right, Left, Right ¾ turn right
5-6 Rock forward on Left, recover onto Right
7&8 Triple step on Left, Right, Left ½ turn left

Unwind ¾ Turn Left, Shuffle Forward, Pivot ½ Turn Right, Shuffle Forward

- 1-2 Cross step Right over Left and unwind ¾ turn left (weight ends on Left)
3&4 Shuffle forward on Right, Left, Right
5-6 Step forward on Left, pivot ½ turn right
7&8 Shuffle forward on Left, Right, Left

Repeat

Finish: You will be facing the back wall when the music fades, just unwind ½ turn left to finish the dance facing front wall