

"Raisin McCain" (aka The Palin Shuffle) COPPER KNOB STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Durline Melanson (CAN) - October 2008
音乐: Raisin' McCain - John Rich



(This is a 4 Wall Dance rotating in a Counter-Clockwise Circle.)

Step 1: Vine Right & Vine Left

1, 2 Step R to R side, Cross Step L behind R
3, 4 Step R to R side, Touch L next to R
5, 6 Step L to L side, Cross Step R behind L
7, 8 Step L to L side, Touch R next to L

Step 2: Vine Back

9 Step back on R foot
10 Step back on L foot
11 Step back on R foot
12 Touch L next to R

Step 3: Vine Forward with 1/4 Counter-Clockwise Scuff Turn to L

13 Step forward on L foot
14 Cross R foot behind L moving forward and step R
15 Step forward on L foot
16 Scuff R heel, and turn on L foot to face L side

Step 4: 4 Toe Heels Forward

17, 18 Step forward on ball of R foot, Drop R heel down
19, 20 Step forward on ball of L foot, Drop L heel down
21, 22 Step forward on ball of R foot, Drop R heel down
23, 24 Step forward on ball of L foot, Drop L heel down

Step 5: 4 Step Claps Backward

25, 26 Step diagonally back on R foot while raising L toe off floor then Clap
27, 28 Step diagonally back on L foot while raising R toe off floor then Clap
29,30 Step diagonally back on R foot while raising L toe off floor then Clap
31, 32 Step diagonally back on L foot while raising R toe off floor then Clap

BEGIN DANCE AGAIN WITH STEP 1 FACING NEW SIDE - Enjoy!