Follow Me!! (aka It's Your World Now - Revised)

拍数: 64 **墙数:** 2 **级数:** Intermediate

编舞者: Mike Parkinson (WLS) - October 2008

音乐: Follow Me - Helena Paparazzo : (Album: Antique)

Intro: 30 Second Intro.

RIGHT WEAVE, HOLD, BALL CROSS, HOLD

1, 2, 3, 4, 5. Cross left over right, Step right to right side, Cross left behind right, Step right to right side, Cross left over right,

6, &7, 8. Hold cross step, Small step right with right, Cross left over right, Hold.

KICK, KICK, SLOW COASTER STEP, HOLD, TOUCH REVERSE ½ TURN LEFT

1, 2, 3, 4, 5, 6. Kick right forward diagonally twice, Step back Right, Step left besides right, Step right forwards, Hold.

7, 8. Touch left toe back, Reverse ½ turn left

KICK, KICK, SLOW COASTER STEP, HOLD, SWAY ¼ TURN LEFT

1, 2, 3, 4, Kick right forward diagonally twice, Step back Right, Step left besides right

5, 6. Step right forwards, Hold.

7, 8. Sway left ¼ turn left, Sway right.

CROSS LEFT, RHONDE RIGHT, CROSS RIGHT, RHONDE LEFT

1, 2, 3, 4. Cross step left over right, Rhonde sweep right forward, Cross step right over left, Rhonde sweep left forward.

***ROCK FORWARD, ROCK BACK, TOUCH REVERSE ½TURN LEFT**

5, 6, 7, 8. Rock forward left, Rock back right, Touch left toe back, Reverse ½ turn left.

SWAY RIGHT, LEFT, RIGHT, HOLD, SWAY ½ TURN RIGHT, SWAY LEFT, RIGHT, LEFT, HOLD

1, 2, 3, 4. Step right to right sway right side, Sway left, Sway Right, Hold.

5, 6, 7, 8. Sway ½ turn right step left to left, Sway right, Sway left, Hold.

RIGHT KICK, ROCK, ROCK, TOGETHER, LEFT KICK ROCK, ROCK, TOGETHER

1, 2, 3, 4. Kick right forward, Rock to right side on right, Rock left to left side, Step right besides left.

5, 6, 7, 8. Kick left forward, Rock left to left side, Rock right to right side, Step left beside right.

RIGHT STEP, HOLD, LOCK, STEP, HOLD, LEFT ROCKING CHAIR

1, 2, &3, 4. Step right forward diagonally, Hold, Lock left behind right Step right forward diagonally.

5, 6, 7, 8. Rock forward left, Rock back right, Rock back left, Rock forward right.

LEFT STEP, HOLD, LOCK STEP, HOLD, ROCK FORWARD, BACK, SWAY ¼ RIGHT, HOLD

1, 2, &3, 4. Step left forward diagonally, Hold, Lock right behind left, Step left forward diagonally.

5, 6, 7, 8. Rock forward right, Rock back left, Sway ¼ turn right step right to right, Hold.

Start Again - Keep Smiling & Enjoy The Dance !!