

No One (aka Oh Oh Oh Oh Oh)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: M.T. Groove (UK) - September 2008
音乐: No One - Alicia Keys



Intro: 16 Count Intro – start just before vocals.....

BALL CROSS, ½ UNWIND, PRISSY WALK BACK R, L, KICK BALL CROSS, ROCK ½ HINGE.

- &1-2 Step on ball of R, Cross L over R. Unwind ½ turn R (weight L) (6.00)
- 3-4 Walk back R, L. (these are backward prissy walks, make it cool).
- 5&6 Low kick R to R diagonal, Step on R, Cross L over R.
- 7 Rock R to R side.
- 8 Recover on L as you ½ hinge turn R on ball of L with R hitched (12.00).

TAP SIDE, TRIPLE 1¼, LOCK, ¼ ½ STEP (prep), BUMP, ½ SWEEP .

- &1 Tap R next to L, Step R slightly to R side..... this is a prep.....(12.00).
- 2&3-4 Make a triple 1¼ turn L stepping L, R, L, Lock R across L (9.00).
- 5&6 Make ¼ turn R step back L, Make ½ turn R step forward R, Step forward L (prep) (6.00).
- 7 Bump R hip back taking weight on R,
- 8 Recover L as you ½ turn L sweeping R foot out and around, Weight stays on L (12.00)

* Restart here during walls 4(facing back) & 8 (facing front)

(&) WALK L,R,L, STEP PIVOT ½ STEP, ½ ¼ CROSS, COASTER TOUCH.

- &1-2-3 Step on R, walk forward L,R,L.
- 4&5 Step forward on R, Pivot ½ turn L, Step forward on R. (6.00).
- 6&7 Make ½ turn R step back L, Make ¼ turn R step R to R side. Cross L over R. (3.00).
- 8&1 R coaster touch. Finish with R toe touched slightly forward. (3.00).

SPIN 1¼ CROSS, ROCK & CROSS, ¼ BACK, ¼ BIG SIDE STEP, SLIDE.

- 2 Push off R as you spin on L a 1¼ turn L (R foot will be off floor behind L calf – fig.4).
- 3 Cross R over L (12.00).
- 4&5 Rock L to L side, Recover R, Cross L over R.
- 6-7 Make a ¼ turn L step back on R, Make a ¼ turn L big step to L side,
- 8 Slide R towards L (6.00).

Start over and enjoy !