Crème De La Crème Dancer

拍数: 48

墙数:4

级数: Improver

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音乐: He's the Greatest Dancer - Sister Sledge : (Album: Last Days Of Disco - Track 14)



Intro Count : 64 counts. Start on vocals

A. SIDE-RIGHT, CROSS, ROCK AND CROSS, SIDE-LEFT, CROSS, ROCK AND TOGETHER.

- 1-2 Step right to right side. Cross left over right.
- 3&4 Rock right to right side. Recover onto left. Cross right over left.
- Step left to left side. Cross right over left. 5-6
- Rock left to left side. Recover onto right. Step left beside right. 7&8

B. CROSS RIGHT, 1/4 RIGHT, RIGHT CHASSE, CROSS LEFT, 1/4 LEFT, LEFT CHASSE.

- 1-2 Cross right over left. Turn 1/4 right by stepping back on left.
- 3&4 Step right to right side. Close left beside right. Step right to right side.
- 5-6 Cross left over right. Turn 1/4 left by stepping back on right.
- Step left to left side. Close right beside left. Step left to left side. 7&8

C. SIDE RIGHT(BIG STEP). CLOSE LEFT. ROCK BACK RIGHT & HEEL (2x). RIGHT COASTER.

- 1-2 Step right to right side (big step). Close left next to right.
- Rock back right. Recover onto left. Touch right heel forward. 3&4
- 5&6 Rock back right. Recover onto left. Touch right heel forward.
- 7&8 Step back right. Step left beside right. Step forward right.

D. CROSS-SIDE-CROSS, 1/2 SHUFFLE RIGHT, SAILOR STEP LEFT, PIVOT 1/2 LEFT.

- Cross left over right. Step right to right side. Cross left over right. 1&2
- Step 1/4 right on right. Close left beside right. Step 1/4 right on right. 3&4
- 5&6 Cross left behind right. Step right to right. Step left in place.
- 7-8 Step forward right. Pivot 1/2 left.

E. WALK FWD: RIGHT, LEFT, SIDE RIGHT & CROSS, WALK FWD: LEFT, RIGHT, SIDE LEFT & CROSS.

- 1-2 Walk forward right. Walk forward left.
- 3&4 Rock right to right side. Recover onto left. Cross right over left.
- 5-6 Walk forward left. Walk forward right.
- 7&8 Rock left to left side. Recover onto right. Cross left over right.

F. LOCK BACK RIGHT, SAILOR 1/4 LEFT TURN, ROCKING CHAIR FORWARD RIGHT.

- Step back right. Lock left across right. Step back right. 1&2
- 3&4 Cross left behind right with 1/4 turn left. Step right beside left. Step left in place.
- 5-6 Rock forward right. Rock back onto left.
- 7-8 Rock back right. Rock forward onto left.

~ * ~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~ * ~