From This Moment



拍数: 32 墙数: 3 级数: Intermediate

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音乐: Let Me Love You - Lonestar



Start after 32 counts intro - 99bpm

('	1-9)	Vine R 2	. R back.	L kick ball o	ross. ½ R h	ninae turn.	. R back.	L kick ball cross

1-2 Step R side, cross step L behind R

&3&4 Step R back, kick L forward, step L back, cross step R over L

5-7 Turning ¼ right step L back, turning ¼ right step R side, cross step L over R &8&1 Step R back, kick L forward, step L back, cross step R over L (6 o'clock)

(10-16) 1/4 R turn & L back, R coaster step, walk fwd L & R, L fwd, 1/2 R pivot turn, L fwd

2 Turning ¼ right step L back

3&4 Step R back, step L together, step R forward

5-6 Step L forward, step R forward

7&8 Step L forward, pivot ½ right, step L forward (3 o'clock)

(17-25) R fwd, L & R scissor steps, L side, 1/4 R & R side, L lock step

1 Step R forward

Step L to side, step R together, cross step L over R
Step R to side, step L together, cross step R over L

6-7 Step L to side, turning 1/4 right step R to side

Step L forward, lock step R behind L, step L forward (6 o'clock)

(26-32) ½ L turn & R back, L coaster step, R fwd, L fwd, ¼ R pivot turn, L cross step

2 Turning ½ left step R back

3&4 Step L back, step R together, step L forward

5-8 Step R forward, step L forward, pivot ½ right, cross step L over R (3 o'clock)

Pattern: First off, it may look a nightmare on paper but it's easy to remember – all the extras happen facing side walls. You never start the dance facing your left side wall – it's only 3 walls – front, right and back. The basic dance is 32 counts. On certain walls you will add 4 & 8 count tags & on 1 occasion restart

At the end of walls 1&4: add the following 4 counts, you will be facing R side wall, 3 o'clock, when doing these steps and then start the dance again.

1-2 Rock R to side, recover weight on L

3-4 Either: Rock R back, recover weight on L OR cross R over L, unwind full turn left with weight

ending on L

At the end of walls 3, 6 & 9: add the following 8 counts, you will be facing L side wall, 9 o'clock, when doing these steps) and then will start the dance again facing front wall

1-2 Rock R to side, recover weight on L

3-4 Either: rock R back, recover weight on L OR cross R over L, unwind full turn left with weight

ending on L

5-8 Cross step R over L, step L back, turning 1/4 right step R to side, cross step L over R

Restart: On wall 7 (which starts facing front wall) dance the first 16 counts which take you to the right side wall (3 o'clock) and restart the dance again).

Ending:

On wall 10 (which start facing front wall) dance the first 12 counts up to the R coaster step (where you will be facing 9 o'clock/left side wall) To finish turn ¼ right as you step your L to L side & strike a pose.

