

# Over The Mountains

**COPPER** **NOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Celia Stevens (NZ) - October 2007  
音乐: Over the Mountains - Robertson Brothers : (CD: Here)



Feet together weight on the left – start on the vocals (16 beats)

## SAILOR STEP,BEHIND-SIDE-ACROSS, SIDE-TOUCH,1/2 TURN, BEHIND-SIDE-ACROSS.

1 & 2                      SAILOR STEP: Step R foot behind left, Step L foot to side, Step R foot to side  
3 & 4                      Step L foot behind right, Step R foot to right side, Step L foot across in front of right  
& 5,                      Step R foot to side, Touch L toe behind right,  
6                          Unwind ½ turn left keep weight on right  
7 & 8                      Step L foot behind right, Step R foot to side, Step L foot across in front of right

## SIDE ¼ TURN-FORWARD, QUICK PIVOT-FORWARD, FORWARD-ROCK-1/2 TURN,QUICK PIVOT-FORWARD.

1 &                      Step R foot to the side, Side rock onto L foot turn ¼ left  
2                          Step R foot forward,  
3 &                      PIVOT: Step L foot forward, turn ½ turn right take weight onto R,  
4                          Step L foot forward,  
5 &                      Step R foot forward, Rock back onto L,  
6                          Turn ½ turn right step R footforward,  
7 &                      PIVOT: Step L foot forward, Turn ½ turn right take weight onto right,  
8                          Step L foot forward.

## SHUFFLE FORWARD-HOOK-SHUFFLE BACK-SWEEP, SAILOR STEP, ¼ TURN SAILOR CROSS

1 & 2 &                      SHUFFLE FORWARD STEP: R-L-R, Hook L toe behind right,  
3 & 4 &                      SHUFFLE BACK STEP: L-R-L, Sweep R toe to the side,  
5 & 6                      SAILOR: Step R foot behind left, Step L foot to the side, Step R foot to the side  
7 &                      Turn ¼ turn left step L foot behind right, Step R foot to the side,  
8                          Step L foot across in front of right.

## SIDE-ROCK-BEHIND,SIDE-ROCK-BEHIND, & BACK, ROCK & PADDLE TURN

1 & 2                      Step R foot to the side, Side rock onto L foot, Step R foot behind left,  
3 & 4                      Step L foot to the side, Side rock onto R foot, Step L foot behind right,#  
& 5, 6                      Step R foot back, Step L foot back, Rock forward onto R foot,  
& 7,8                      Step L foot together, Step R foot forward, turn ¼ turn left take weight onto L foot.\*\*

**\*\*TAGS: Add the following tags at the END (\*\*)** of:

**WALL 1 (Facing 3:00) & WALL 3 (9:00)**

1,2                      Push hips Right, Push hips left.

**WALL 2 (Facing 6:00)**

1,2,3,4                      Push hips R, Push hips L, Push hips R, Push hips L

**RESTART: On WALL 5 dance to BEAT 28 (#) Then restart facing 6:00**