Listen To Your Senses

拍数: 32 **墙数:** 4 **级数:** Intermediate

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音乐: Listen to Your Senses - Alan Jackson : (CD: Good Time)

FEET TOGETHER, WEIGHT ON THE RIGHT, START ON VOCALS

SIDE-TOG-FWD, SIDE-TOG-BACK, SYNCOPATED WEAVE, TOE, HEEL

1 & 2	Step L foot to left side, Step R foot next to left, Step L foot forward,
3 & 4	Step R foot to right side, Step L foot next to right, Step R foot back,
& 5 & 6	Step L foot back, Step R foot across in front of left, Step L foot to left side, Step R foot behind,
& 7 & 8	Step L foot to left side, Step R foot across in front of left, Touch L toe in beside right, Touch L heel in beside right.

SYNCOPATED WEAVE, TOE, HEEL, ¼ BEHIND-SIDE-FWD, MAMBO

1 & 2	Step L foot behind right, Step R foot to right side, Step L foot across in front of right,
& 3 & 4	Step R foot to right side, Step L foot behind right, Touch R toe in beside left, Touch R heel in beside left,
5 & 6	Step R foot behind left, ¼ turn left Step forward on L foot, Step forward on R foot (FACING 9:00),
7 & 8	Step forward on L foot, Step R foot in place, Step L foot back (MAMBO STYLE).

STEP LOCK BACK, STEP-PIVOT-BACK, STEP-PIVOT-BACK, COASTER STEP.

1 & 2	Step R foot back, Step L foot back across in front of right, Step R foot back,
3 & 4	Step L foot back, Pivot ½ turn back left, Step L foot back (FACING 3:00),
5 & 6	Step R foot back, Pivot ½ turn back right, Step R foot back (FACING 9:00),
7 & 8	Step L foot back, Step R foot beside left, Step L foot forward.

STEP FWD, SIDE-ROCK-CROSS, SIDE-ROCK-CROSS, ¼, ¼, TRIPLE FULL TURN.

& 1 & 2	Step R foot forward, Step L foot to left side, Step R foot in place, Step L foot forward in front of right,
3 & 4	Step R foot to right side, step L foot in place, Step R foot forward in front of left,
5, 6	Step ¼ turn back onto L foot (FACING 12:00), Step ¼ turn back onto R foot (FACING 3:00),
7 & 8 &	Turn 360`left (back over left shoulder) step L-R-L, Step R foot forward (FACING 3:00).

REPEAT FROM THE BEGINNING UNTIL MUSIC ENDS, NO TAGS, NO ADD ON'S, NO RESTARTS,

ENJOY!