

Beggin

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Nikki O'Brien (UK) - September 2008
音乐: Beggin' - Madcon



Intro: 30 count intro

Right Heel Grind, Coaster Step - Left Heel Grind, Coaster Step

1-2 grind rt heel fwd, step back on left while turning right toe to right side.
3&4 step right foot back, close left beside right, step fwd right foot fwd
5-6 grind left foot fwd, step right foot back while turning left toe to left side.
7&8 step left foot back, close right beside left, step left foot fwd.

Kick, 1/4 Left Turn Flick, Rock Recover, Back, Lock, Back, & Heel Switches X 2 &

1-2 kick right foot fwd, 1/4 left turn, flick right foot back.
3-4 step right foot fwd, step left foot back.
5&6& step right foot back, lock left foot in front of right, close left beside right.
7&8& touch right heel fwd, close right beside left, touch left heel fwd, close left beside right.

Diagonal, Right Lock, & Left Lock & X 2

1-2& diagonally right, step right fwd, lock left behind right, step right fwd.
3-4& diagonally left, step left fwd, lock right behind, step left fwd.
5-6& diagonally right, step right fwd, lock left behind right, step right fwd.
7-8& diagonally left, step left fwd, lock right behind left, step left to left side.

Kick Ball Cross X2, Chassee Right, 1/4 Left Turn, Chassee Left.

1&2 kick right foot fwd, step down on right, cross left over right.
3&4 kick right foot fwd, step down on right, cross left over right.
5&6 step right to right side, close left beside right, step right to right side.
7&8 1/4 left turn, step left to left side, close right beside left, step left to left side.

Cross, 1/4 Right Turn, Back, Back, & Heel Ball Step, 1/2 Left Turn Back, Back & Heel.

1-2 cross right over left, 1/4 right turn step left back.
3&4 step right back, close left beside right, touch right heel fwd.
&5-6 close right beside left, step left foot fwd, 1/2 left turn step right foot back.
7&8 step left foot back, close right beside left, dig left heel fwd.

(RESTART here DURING wall 7 at 3 o'clock, add an & step)

Ball Step, 1/4 Right Turn Point, Cross, Point, Jazz Box

&1-2 close left beside right, step right foot fwd, 1/4 right turn point left foot to left side.
3-4 cross left in front of right, point right foot to right side.
5-6 cross right over left, step left foot back.
7-8 step right to right side, step left beside right.

RESTART: Restart Comes During Wall 7 Where The Dance Switches Walls (Facing 3 O'clock) Dance Routine Through To End Of Section 5 And Add An & Step, Restart From Here

ENDING: Dance Through Section 3, Upto 4&, Then Touch Right Over Left And Gently Pivot 1/2 Turn Left Ending On Front Wall