

Secret Combination!

拍数: 64 墙数: 2 级数: Beginner
编舞者: Elke Weinberger (NL) & Illona Klockner - September 2008
音乐: Secret Combination - Kalomira



Note: Start dance AFTER 32 counts (on vocals) at time track 00:16.

Toe Taps, Knee Fans In-Out-In, Body Roll Into ¼ Left Turn And 'Sit', Sensuous Hip Shakes

- 1&2 Tap right toes beside left, tap right toes slightly to right, tap right toes further to right
(end with right knee pop slight out to right)
3&4 Fan right knee in, out, in
5-6 Over 2 counts, roll upper body to right as you execute ¼ turn left ending in a 'sit' position with weight on right and left toe pointed in front
7&8 Shake your hips left, right, left (weight remains on right)

Styling option: On counts 7&8, you may place right hand behind head and left hand on left hip or any other arm gestures! Make these shakes sensuous!!

Forward, ½ Right Sailor Turn Into Touch, Together, Back Touch, Back Body Roll, Together, Back Touch, Pivot ½ Left Turn, Together, Back Touch, Pivot ¾ Right Turn

- 9 Step left forward
10&11 Cross right behind left, execute ½ turn right and then step left to left, slide and touch right toe forward with right leg straighten
12& Slide right close beside left, slight left and touch left toe back with left leg straighten
13-14 Over 2 counts, roll body from top to bottom in a backwards direction ending weight on left
&15-16 Slide right close beside left, slide and touch left toe back with left leg straighten, pivot ½ turn left

(weight remains on right and left leg now still straighten and in front of right)

- &17-18 Slide left close beside right, slide and touch right toe back with right leg straighten, pivot ¾ turn right

(weight remains on left and right leg now still straighten and crossed over left)

Cross Shuffle, Side Rock, Recover, ¾ Left Turn And Forward, ¼ Left Sailor Turn, Sailor Step

- 19&20 Step right down (should be crossing over left), step left to left, cross right over left
21&22 Rock left to left, recover weight onto right, execute ¾ turn left and then step left forward
23&24 Cross right behind left, execute ¼ turn left and then step left forward, step right to right
25&26 Cross left behind right, step right to right, step left to left

Knee Pops In-Out, Recover, Shoulder Pops, Hip Roll

- 27&28 Pop both knees in towards each other to dip down slightly, pop both knees out towards both sides (you should end in a slightly squat position), recover to upright standing position by straightening both knees
29&30 Pop right shoulder up, down, up
31-32 Over 2 counts, roll hips anti-clockwise

Vaudeville, Touch, ¼ Turn Left, Flick, Syncopated Jazz Box, Kick-Ball-¼ Left Turn

- 33&34&: Cross right over left, step left to left, touch right heel diagonally forward, step right beside left
35&36 Touch left toe beside right, execute ¼ turn left and then step left beside right, flick right back
37 Cross right over left
38&39 Step left back, step right to right, cross left over right
40&41 Kick right diagonally forward, step right beside left, execute ¼ turn left and then cross left over right

Scissors Cross, ½ Right Turn, Funky Upper Body Rocks, Flick

- 42&43 Step right to right, step left beside right, cross right over left
 44-45 Execute ¼ turn right and then step left back, execute another ¼ turn right and then step right to right
 46&47& Step left forward and then pump and rock upper body forward, back, forward, back
 48 Step left beside right as you flick right back

Styling Option: On counts 46&47&, position both arms by the sides so that left hand is at shoulder height, right hand is at chest height with both palms facing forward. Pull both hands back as you pump and rock forward. Make this move funky!

Pivot ½ Left Turn, ½ Right Turn, Side Chasse, Together, Together, Slide

- 49-52 Step right forward, pivot ½ turn left, step right forward, execute ½ turn right and then step left back
 53&54 Step right to right, step left beside right, step right to right
 55&56 Step left close beside right, step right in place close beside left, taking a long step slide left to left

¼ Twinkle Turning Patterns, Full Left Unwind Turn And Pose!

- 57&58 Cross right over left, execute ¼ turn right and then step left to left, step right to right
 59&60 Cross left over right, execute ¼ turn left and then step right to right, step left to left
 61& Cross right over left, quickly unwind full turn left and then prepare for the pose
 62-64 For these 3 counts, hold in a pose with body leaning left (standing on left foot and right toe touch to right with right leg straight) . To enhance the pose, wrap right arm around the waist and point left arm up as you lean left.

REPEAT

TAG: DURING the 4th rotation, dance till the 60th count, then repeat counts 57-60 (i.e. both the ¼ twinkle turning patterns) and continue the dance from the 61st count onwards. In simple, you will dance the set of ¼ twinkle turning patterns twice in this rotation. You will be facing 12 O' Clock wall when this occurs.
