# Ready To Ride

级数: Improver

编舞者: Maryloo (FR) - September 2008

音乐: Are You Ready to Ride? - Sarah Connor

#### 1&2 Rock right to side and slightly forward, step left in place and slightly forward, cross right over left 3&4 Rock left to side and slightly forward, step right in place and slightly forward, cross left over right 5&6& Touch right heel forward, step right together, touch left heel forward, step left together 7-8 Step right diagonally forward with bump, recover on left back with bump Diagonal Gallop Right With Bumps- Forward Rock Step, ¼ Turn Left, Side, Touch 1& Step right forward on a diagonal right, slide left beside right, with bumps 2& Step right forward on a diagonal right, slide left beside right, with bumps 3& Step right forward on a diagonal right, slide left beside right, with bumps

- 4 Step forward right on a diagonal right with bump
- 5-6 Rock left forward, recover to right (facing 12:00)
- 7 Turn ¼ left and step left to side
- 8 Touch right toe together

### Right Rolling Vine, Touch, Step, Drag, Syncopated Heel Split

- 1 Turn ¼ right and step right forward
- 2 Turn <sup>1</sup>/<sub>2</sub> right and step left back
- 3 Turn ¼ right and step right to side
- 4 Touch left toe together
- 5-6 Step large step to left side on left, drag right together
- 7&8& Step left foot forward, split heels apart, split heels inside, bring heels together

### Rock Forward, Triple 1/2 Turn, Left Kick Ball Point, Touch Point, Touch

- 1-2 Rock right foot forward, recover back onto left foot
- 3&4 Shuffle back turning <sup>1</sup>/<sub>2</sub> turn: right, left, right
- 5&6 Kick left foot forward, step left foot next to right foot, point left toe to right side
- 7&8 Touch right toe together, touch right toe to side, touch right toe together

#### Repeat

## When the music changes and when the rhythm seems to slow down, continue to dance by respecting the tempo





**拍数:** 32

Rock Mambo (Twice), Heel Switches, Hip Bumps

**墙数:**4