# You're My History

**拍数:** 48 **墙数:** 4 **级数:** Intermediate

**编舞者:** Dougie D (UK) - September 2008

**音乐:** Whole Lotta History - Girls Aloud

**The music starts in ballad style for approx' 20 seconds, then beat kicks in, start dance then.**

**Step fwd on left, sweep right over left, step back on left, rock back on right, full turn left.**

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|---|---|
| 1-2 | step fwd on left, sweep right across left, |
| 3-4 | step right across left, (continuation of sweep) step back on left, |
| 5-6 | rock back on right, recover on left, |
| 7-8 | step fwd on right, pivot 1/2 turn left, step back on left, pivot 1/2 turn left, |

**Half turn left, cross mambos (travelling fwd)x2, stepfwd, 1/2 turn left.**

| | |
|---|---|
| 1-2 | step fwd on right, pivot 1/2 turn left. |
| 3&4 | cross right over left, step left beside right, step right in place,(travelling fwd), |
| 5&6 | cross left over right, step right beside left, step left in place, (travelling fwd) |
| 7-8 | step fwd on right, pivot 1/2 turn left, |

**Shuffle fwd x2, syncopated weave left**

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|---|---|
| 1&2 | shuffle fwd, stepping right, left, right, |
| 3&4 | shuffle fwd, stepping left, right, left, |
| 5-6 | cross right over left, step left to left side, |
| 7&8 | cross right behind left, step left to left side, cross right over left, |

**Rock left, recover on right, left behind right, step to right with 1/4 turn right, shuffle fwd, step1/2 turn.**

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|---|---|
| 1-2 | rock left to left side, recover on right, |
| 3-4 | cross left behind right, step right to right side with 1/4 turn right, |
| 5&6 | shuffle fwd, stepping left, right, left, |
| 7-8 | step fwd on right, pivot 1/2 turn left, |

**Behind side cross, behind side with 1/4 turn right, step left beside right**

| | |
|---|---|
| 1-2 | rock right to right side, recover on left, |
| 3&4 | cross right behind left, step left to left side, cross right over left, |
| 5-6 | rock left to left side, recover on right, |
| 7&8 | cross left behind right, step right to right side with 1/4 turn right, step left beside right, |

**Sailor steps ( travelling back ) x2, step right to right side, pivot 1/4 turn left, back rock.**

| | |
|---|---|
| 1&2 | cross right behind left, step left beside right, step right in place, ( travelling back ) |
| 3&4 | cross left behind right, step right beside left, step left in place, ( travelling back ) |
| 5-6 | step right to right side, pivot 1/4 turn left, |
| 7-8 | rock back on left, recover on right, |