

In Zaire

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Greywolf (NL) & Wiya Wambli (NL) - September 2008
音乐: In Zaire - Johnny Wakelin



Intro: ONLY WITH THE MUSIC OF JOHNNY WAKELIN. TRIPLE STOMP 10 X, After 20 counts of the intro with 10 X Triple Stomp, Start with RF – Every first step of the triple stomp is STOMP, THEN YOU START THE DANCE:

Or Music: About The South by Rodney Adkins

Heel,Hook,Heel,Flick,Heel Hook,Heel,Stomp Stomp

1-2 RF touch heel forward – RF hook in front of LF
3-4 RF touch heel forward – RF kick to right
5-6 RF touch heel forward – RF hook in front of LF
7&8 RF touch heel forward,RF jump/stomp next to LF,LV jump/stomp next to RF

Heel,Hook,Heel Flick,Heel Hook,Heel,Jump/Stomp Jump/Stomp

9-10 LF touch heel forward – LF hook in front of RF
11-12 LF touch heel forward – LF kick to left
13-14 LF touch heel forward – LF hook in front of RF
15&16 LF touch heel forward,LF jumpstomp next to RF,RF jump/stomp next to LF

Vine Left With Arm-Movements,Vine Right With Arm-Movements

17 LF step to left – stretch arms FWD with handpalms FWD
18 RF cross behind LF to left–bend arms in front of you with handpalms FWD
19 LF step to left – stretch arms to L & R with handpalms outside
20 Rf step next to LF – close bended arms with fists and elbows together
21 RF step right – stretch arms FWD with handpalms FWD
22 LF cross behind RF – bend arms in front of you wiht handpalms FWD
23 RF step right – stretch arms to R & L with handpalms outside
24 LF step next to RF – close bended arms with fists and elbows together

Diagonal Shuffles Fwd, Back, Fwd, Shuffle Back

25&26 RF step diagonal right forward, LF step next to RF, RF stepforward
27&28 LF step forward, RF step next to LF, LF step forward
29&30 RF step diagonal left back, LF step next to RF, RF step back
31&32 LF step back, RF step next to LF, LF step back
33&34 RF step diagonal forward,LF step next to RF, RF step forward
35&36 LF step forward,RF step next to LF,LF step forward
37&38 RF step back,LF step next to RF,RF step back
39&40 LF step back, RF step next to LF, LF step back

Side, Together, Side, Together, (Right) With Arm-Movements, Side ,Together, Side, Together, (Left) With Arm-Movements

41 RF step right – bend knees and arms, handpalms crossed at face height (RH over LH)
42 LF step next to RF – stretch leggs, bend arms, but not crossed
43-44 REPEAT: 41 – 42
45 LF step left – bend knes and arms, Handpalms crossed at face height (LH over RH)
46 RF step next to LF – stretch leggs,bend arms but not crossed
47-48 REPEAT: 45-46.

