

# Mindless Fun

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Steve Brain (UK) & Chris Gibbons (UK) - September 2008  
音乐: All Summer Long - Kid Rock : (CD: Rock N Roll Jesus)



Start dancing on lyrics

Or Music:

Free Your Mind by En Vogue [Funky Divas]

Country Ain't A Feeling by HWY 5 [CD: Dirty EP]

You Look Good In My Shirt by Keith Urban [117 bpm / Golden Road]

**Right Scuff, Stomp, Heel Taps, Left Scuff, Stomp, Heel Taps**

1-2            Scuff right, stomp right forward  
3&4           Touch right heel in place 3 times  
5-6           Scuff left, stomp left forward  
7&8           Touch left heel in place 3 times

**Slide Right, Hip Bumps, Chase Left, Right Sailor**

1-2            Slide right foot to right side, slide left next to right  
3-4            Bump hips to left - twice  
5&6           Step left to left, step right together, step left to left  
7&8            Cross right behind left, step left to left, step right to right

**¼ Left Sailor, Turning Struts, Touch, Kick**

1&2            Turn ¼ left and cross left behind right, step right to right, step left to left  
3-4            Right toe strut forward (toe-heel)  
5-6            Turn ½ right (on right ball) into left toe strut backwards (toe-heel)  
7-8            Turn ½ right (on left ball) touch right toe next to left, kick right foot forward

**Right Cross Back Side, Left Lock Shuffle Forward, Step ½ Sweep, Left ¾ Turning Triple**

1&2            Cross right over left, step left foot back, step right to side  
3&4            Step left forward, slide right locked behind left, step left forward  
5-6            Step right forward, sweep left as you turn ½ turn left  
7&8            Turn ¾ left as you do a left triple step (or sailor step) (left-right-left)

To make it easier just make 5,6 7&8 all one long sweep and triple step thru 1 ¼ turns

Repeat