Fed Up With



编舞者: Vera Fischer (AUT) - September 2008

音乐: Fed Up With ... - Manuel Ortega



Side, Drag, Chasse With 1/4 Turn Right, Step, 1/2 Turn Right, Sweep, Sailor Step

- 1 RF big step to right side 2 LF drag toe towards RF
- 3 LF closed by RF4 RF step to right side
- & LF closed by RF
- 5 RF 1/4 Turn to right, step forward (3:00)
- 6 LF step forward
- 7 LF 1/2 Turn to right, sweep RF behind LF (9:00)
- 8 RF cross behind LF & LF step side left 1 RF step forward

Step, Step, Lock, Lock Step, Rock Step, Back, Lock, Back

LF step forward 2 3 RF lock behind LF 4 LF step forward & RF lock behind LF 5 LF step forward 6 RF rock forward 7 LF recover 8 RF step back & LF cross over RF 1 RF step back

Drag, Back, Coaster Step, 2 Walks, Lock Step

2 LF drag back 3 LF step back 4 RF step back & LF close by RF 5 RF step forward 6 LF step forward 7 RF step forward 8 LF step forward & RF lock behind LF 1 LF step forward

Cross Rock, Sailor 1/2 Turn Right, Side Rock Together, Side, Together

- 2 RF cross over LF
- 3 LF recover

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- 4 RF sweep behind LF, 1/2 Turn to right (3:00)
- & LF step side left
 5 RF step side right
 6 LF rock side left
 & RF recover

LF close by RF

- 8 & RF step side left
- LF close by RF

Start Over Again

Have fun and enjoy the dance!