

Being Lonely

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Kim Ray (UK) - September 2008
音乐: Show Me the Meaning of Being Lonely - Backstreet Boys



Two restarts: during wall 2 (back) and wall 6 (front)

STEP FORWARD, SYCOPATED PIVOT ½ TURN, ½ TURN, SHUFFLE FORWARD, ROCK/RECOVER, SIDE ROCK/RECOVER

1 Step forward on right
2&3 Step forward on left, ½ pivot turn right, step forward on left
4 Keep feet where they are and ½ pivot turn right (weight on right)
5&6 Left shuffle forward
7& Rock forward on right, recover back on left
8& Side rock right, recover on left

SIDE STEP RIGHT, SAILOR ½ TURN LEFT, SIDE STEP RIGHT, ROCK BACK/RECOVER, SAILOR STEP FORWARD

1 Large side step right
2&3 Cross left behind right, ¼ turn left step right to right side, ¼ turn left cross left in front of right
4 Large side step right
5&6 Rock back on left, recover on right, side step left
7&8 Cross right behind left, step left to left side, step forward on right

½ PIVOT TURN, ¼ TURN & CROSS, SIDE STEP, BACK LOCK STEP, COASTER STEP

1 Keep feet where they are and ½ pivot turn left (weight on left)
2&3 ½ turn left stepping back on right, ¼ turn left stepping left to left side, cross right over left
4 Side step left & face right diagonal
5&6 Facing right diagonal step back on right, cross left over right, step back on right
7&8 Straightening up: Step back on left, step back on right next to left, step forward on left

BALL STEP FORWARD, SHUFFLE FORWARD, PIVOT ½ TURN, STEP FORWARD, FULL TURN, ¼ TURN SIDE ROCK/RECOVER

&1 Step right next to left, step forward on left
2&3 Right shuffle forward
4-5 Step forward on left, ½ pivot turn right
6 Step forward on left
7& ½ turn left stepping back on right, ½ turn left stepping forward on left
8& ¼ turn left and side rock right, recover on left

CROSS STEP, COASTER STEP, SHUFFLE FORWARD, ½ PIVOT, STEP FORWARD

1 Cross right over left
2&3 Step back on left, step back right next to left, step forward on left
4&5 Right shuffle forward
6-7 Step forward on left, ½ pivot turn right,
8 Step forward on left ** Restart here during wall 2 facing back & wall 6 facing front

CROSS ROCK/RECOVER X 2 & STEP FORWARD, ½ TURN RIGHT, COASTER STEP/STEP

1-2& Cross rock right over left, recover back on left, step right next to left
3-4& Cross rock left over right, recover back on right, step left next to right
5-6 Step forward on right, ½ turn right stepping back on left
7&8& Step back on right, step left next to right, step forward on right, step left next to right

