# You Are Hot



拍数: 24 墙数: 4 级数: Beginner

编舞者: Marie-Theres Dorner (AUT) - September 2008

音乐: Under My Skin - Sarah Connor



#### Intro: 8 Counts

## Walk, Walk, Lock, Step, Step, Sailor Step, Sailor Step with 1/4 Turn

1-2 RF step fwd., LF step fwd

&3-4 RF lock behind LF, LF Step fwd., RF step to the right side LF cross behind RF, RF step side right, LF step side right

7&8 RF cross behind LF, LF step to the left side with a ½ to the right, RF step side right (3:00)

## Behind, Side, Cross, Scuff, Touch, Knee In, Knee Out, Bodyroll

1&2	LF cross behind RF, RF step to the right side, LF cross over RF

3-4 RF scuff, RF touch to the right side and Knee out 5-6 RF turn Knee in, RF turn Knee out and look at (6:00)

7-8 Bodyroll

## Behind, Side, Cross, Mambo Step, Together, Mambo Cross, Hold, Full Turn

1&2	RF cross behind LF, LF step to the left side, RF cross over LF
3&4	LF step to t he left side, Weight change on the RF, LF step together

5&6 RF step to the right side, Weight change on the LF, RF cross over LF, hold

7-8 Full turn over left shoulder (at the end weight on the LF)

# Start again and have fun!

#### **DANCE AND FEEL IT!**