

Sugarland Shuffle

拍数: 40 墙数: 2 级数: Beginner
编舞者: Sue Ann Ehmann (USA) - August 2008
音乐: All I Want to Do - Sugarland : (CD: Love On The Inside)



Intro: 16 counts (Vocals)

(1-8) Triple Forward, Step 1/4 Right, Triple Forward, Step 1/4 Left

1&2 Step right forward, step left next to right, step right forward
3-4 Step left forward, turn 1/4 right, step right in place [3:00]
5&6 Step left forward, step right next to left, step left forward
7-8 Step right forward, turn 1/4 left, step left in place [12:00]

(9-16) Mambo Forward, Mambo Back, Lindy Right

1&2 Rock right forward, step left in place, step right back
5&6 Rock left back, step right in place, step left forward
5&6 Step right to side, step left next to right, step right to side
7-8 Rock left behind right, recover right

(17-24) Mambo Forward, Mambo Back, Lindy Left

1&2 Rock left forward, step right in place, step left back
5&6 Rock right back, step left in place, step right forward
5&6 Step left to side, step right next to left, step left to side
7-8 Rock right behind left, recover left

(25-32) Triple Forward, Triple Forward, Step 1/2 Turn Left, Step, Step

1&2 Step right forward, step left next to right, step right forward
3&4 Step left forward, step right next to left, step left forward
5-6 Step right forward, turn 1/2 left and step left in place [6:00]
7-8 Step right beside left, step left in place

(33-40) Step Right, Hold, Sway, Sway, Step Left, Hold, Sway, Sway (Remain squared up to the front wall on this section)

1-2 Step right forward slightly to the right, hold
3-4 Rock left to side, recover to right
5-6 Step left forward slightly to the left, hold
7-8 Rock right to side, recover to left

Repeat counts 33-40 at the END of walls 2, 4, and 6-which is every time you face 12:00.

Begin Again!