

Sunshine

拍数: 32 墙数: 4 级数: Beginner
编舞者: Daniel Whittaker (UK) - August 2008
音乐: Sunshine - Paul Bailey



Start on vocals

(1-8) Rock Step Chasse, Rock Step ½ Turn Triple Step

1-2 Rock right over left, recover weight on left (facing 12:00)
3&4 Step right to right, close left to right, step right to right side
5-6 Rock left over right, recover weight on right
7&8 Make a ½ turn triple step left, stepping left, right, left (facing 6:00)

(9-16) Syncopated Jazz Box, Back Rock, Triple Step Full Turn Forward

1-2 Step right over left, step left foot back
&3-4 Step right slightly to right side, cross left over right, step right to right side
5-6 Rock left foot back, recover weight on right foot
7&8 turning clockwise make a triple step full turn forward stepping left, right, left (facing 6:00)

If you don't want to do a full turn you can simply do a left shuffle forward.

(17-24) Mambo Step Right & Left, Mambo Step, ½ Turn Kick Ball Change

1&2 Rock right over left, recover weight on left, step right to right side
3&4 Rock left over right, recover weight on right, step left to left side
5-6 Step right foot forward, make ½ turn left
7&8 Kick right foot forward, step down on right foot, step left beside right. (facing 12:00)

(25-32) Mambo Step Right & Left, Mambo Step, ½ Turn, Step ¼ Turn

1&2 Rock right over left, recover weight on left, step right to right side
3&4 Rock left over right, recover weight on right, step left to left side
5-6 Step forward right, make ½ turn left (facing 6:00)
7-8 Step forward right make ¼ turn left (facing 3:00)
