

So Quiet

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Salpi (FR) - August 2008
音乐: It's Oh So Quiet - Lisa Ekdhal



Right And Left Twinkles

- 1-2 Angling body slightly right cross left over right, step right slightly forward right diagonal
- 3 Angling body slightly left step left slightly forward left diagonal
- 4-5 Angling body slightly left cross right over left, step left slightly forward left diagonal
- 6 Angling body slightly right step left slightly forward right diagonal

Rock ½ Turn Left, Full Turn, Step

- 1-2 Left rock step forward
- 3 ½ turn left stepping left forward
- 4-5-6 ½ turn left stepping right back, ½ turn left stepping left forward, step (6:00 wall)

Rock Forward, Step Back Left& Right, Back Rock

- 1-3 Rock left forward, step back left
- 4-6 Step back right, back rock on left

½ Turn Right, ½ Turn Ronde, Right Back Twinkle

- 1 ½ turn right stepping left back
- 2-3 ½ turn right sweep out right foot

Easy alternative: cross rock left over right, step LEFT BACK (on counts 1,2,3)

- 4-6 Step back right on left diagonal, step left beside right, step back right on right diagonal

Left & Right Backward Twinkles

- 1-3 Step back left on right diagonal, step right beside left, step back left on left diagonal
- 4-6 Step back right on left diagonal, step left beside right, step back right on right diagonal

Step Back, Back Rock, Step, Rock Step

- 1-3 Cross left over right, rock right back diagonal
- 4-6 Step forward right on left diagonal, rock forward left on left diagonal (4:30 wall)

½ Turn Left, Full Turns Back Diagonal, 3/8 Turn Left, Back Rock

- 1-3 ½ turn left stepping left forward, ½ turn left step right back, ½ turn left stepping left forward, (10:30)
- 4-6 3/8 turn left stepping right back, rock left back (12:00)

Step, Step, Step, Develop, Step Back

- 1-3 Left, right, left step forward
- 4-5 Lift right foot forward
- 6 Step right back

Repeat

TAG: At the END of 2nd wall, done TWICE

- 1-3 Step back left on left, slide right beside left on counts 2-3
- 4-6 Step forward right on right, slide left beside right on counts 5-6