All Summer Long



拍数: 0 级数: Phrased Novice / Intermediate

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音乐: All Summer Long - Kid Rock



Sequence = A - A - B - A - A - B - A - A - B - C - A - A - B - A - C - A - A - A - A

Part A

SIDE, CROSS, ROCK 1/4 TURN L, STEP, CHARLESTON STEPS

1 RF Step to right side 2 LF Cross over RF 3 RF Rock to the right

& LF Recover with a ¼ turn left

4 RF Step forward

5 LF Touch forward (turn both heels in)

& Turn both heels out, while going back with LF

6 LF Step backwards, turn both heels in 7 RF Touch backwards (turn both heels in) & Turn both heels out, while going fwd with RF

8 RF Step forward, turn both heels in

CROSS WITH 1/4 TURN L, STEP, HEEL BALL CROSS, STEP, HEEL BALL KICK, OUT, OUT, TOES IN, HEELS IN, TOES IN.

1 LF Cross over RF with 1/4 left

& RF Step to right side

2 LF Heel diagonally left forward

& LF Step next to RF
3 RF Cross over LF
& LF Step to left side

4 RF Heel diagonally right forward

& RF Step next to LF
5 LF Kick forward
& LF Step out to side
6 RF Step out to side

7 Both toes in & Both heels in 8 Both toes in

STEP, STEP, SAILOR STEP WITH ½ TURN L, STEP, STEP, SAILOR STEP WITH ½ TURN R

LF Walk forward
 RF Walk forward

3 LF Cross behind RF start ½ turn left

& RF Step to side

4 LF Step forward finish ½ turn left

5 RF Walk forward6 LF Walk forward

7 RF Cross behind LF start ½ turn right

& LF Step to side

8 RF Step forward finish ½ turn right

KICK, SWEEP WITH RIGHT, CROSS, OUT, OUT, HEEL SWIVELS

1 LF Kick forward

&	LF Step next to RF
2	RF Sweep from back to forward
3	RF Cross over LF
&	LF Step out to side
4	RF Step out to side
&	LF Weight back on left
5	RF Heel in
&	Heel back
6	LF Heel in
&	LF Heel back
7&8&	Repeat count 5&6&

Part B

WIZARD OF OZ STEPS 2X, WALK 4X FULL TURN R

1	RF Sten	diagonally	right forward
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2 LF Lock behind RF

& RF Step diagonally right forward3 LF Step diagonally left forward

4 RF Lock behind LF

& LF Step diagonally left forwardF Walk (Start a full turn right)

6 LF Walk 7 RF Walk

8 LF Walk (End the full turn right)

STEP WITH KNEE ACTIONS AND HITCH 2X

1 RF Step to side and bend yours knees and push them to the outside

& Knees back in place

2 LF Hitch

3 LF Step to side and bend yours knees and push them to the outside

& Knees back in place

4 RF Hitch

5 RF Step to side and bend yours knees and push them to the outside

& Knees back in place

6 LF Hitch

7 LF Step to side and bend yours knees and push them to the outside

& Knees back in place

8 RF Hitch

Part C

HEEL SWIVELS

5 RF Heel in
& Heel back
6 LF Heel in
& LF Heel back
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7&8& Repeat count 5&6&