

Ven A Bailar

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Glynn Holt (UK) & Francien Sittrop (NL) - August 2008
音乐: Ven A Bailar - Aridian : (CD: Caribe Mix 2008)



Start on vocals after 48 counts

SIDE, ROCK RECOVER, BACK LOCK STEP, ROCK BACK RECOVER, ROCK AND CROSS

1 Step L to L side and slightly forward
2-3 Rock R forward, Recover on L
4&5 Lock step back with R, L, R
6-7 Rock L behind R, Recover on R
8&1 Rock L to L side, Recover on R, Step L across R

¼, ¼, CROSS SHUFFLE, ROCK, RECOVER, BEHIND SIDE FORWARD

2-3 ¼ Turn L and step R back, ¼ Turn L step L to L side
4&5 Step R across L, Step L to L side, Step R across L
6-7 Rock L to L side, Recover on R (use hips)
8&1 Step L behind R, Step R to R side, Step L fwd

HOLD, AND STEP POINT, ½ TURN, POINT, FLICK, CHA CHA ¼ TURN

2 Hold
&3-4 Step R next to L, Step L fwd, Point R to R side
5-6 ½ Turn R and step R next to L, Point L to L side
7 Flick L behind R
8&1 L Side Cha Cha making ¼ turn L on L-R-L

ROCK, RECOVER, COASTER STEP/TRIPLE FULL TURN, STEP ½ TURN, SIDE CHA CHA

2-3 Rock R fwd, Recover on L
4&5 Step R back, Step L next to R, Step R fwd (Or Triple Full Turn on the spot)
6-7 Step L fwd, ½ Pivot Turn R
8&1 L Side Cha Cha L-R-L

ROCK, RECOVER, ¼ CHA CHA RIGHT, ½ PIVOT, ¼ SIDE CLOSE (OR FULL TURN)

2-3 Rock back on R, Recover on L
4&5 R Side Cha Cha making ¼ turn R on R-L-R
6-7 Step forward on left, Pivot ½ turn right (weight on right)
8-1 (On ball of Right turn ¼ Right) Step L to L Side, Close R next to L (easy option for turn)
Option: On Counts 8-1 make a full turn R over 2 Steps stepping back on L and forward on R and then ¼ R into the L Side Cha Cha for 2&3 (3:00)

CHA CHA LEFT, ROCK BACK RECOVER, STEP ¼ TURN, CROSS

2&3 L Side Cha Cha on L-R-L
4-5 Cross Rock R behind L pushing R hip back, Recover on L
6-7 Step forward on R, Pivot ¼ turn L
8 Cross R over L

TURN ½ OVER RIGHT, CROSSING LEFT SHUFFLE, POINT, CROSS, POINT, HITCH BALL CROSS

1 Make ¼ turn R stepping L back
2 Make ¼ turn R stepping R to R Side
3&4 Cross L over R, Step R to R Side, Cross L over R
5-6-7 Point R to R Side, Cross R over L, Point L to L Side

8&1 Hitch L knee, Step L next to R, Cross R over L

HOLD, BALL CROSS UNWIND, CHA CHA RIGHT, ROCK BACK RECOVER

2 Hold

&3-4 Step L next to R, Cross right over L, Unwind Full Turn over L shoulder taking weight on left

5&6 R Side Cha Cha R-L-R

7-8 Cross rock left behind right, Recover on right
