

Salsamia

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - August 2008
音乐: Me Vendiste Una Mentira - David Civera : (CD: Paravivircontigo)



Start after 16 count intro.

Section 1: Side Step, Together, Chasse 1/4 Turn R, Step Pivot 3/4 Turn R, Side Mambo Cross.

1 2 Step R to R side. Step L next to R.
3 & 4 Step R to R side. Step L next to R. Turn 1/4 R stepping forward on R.
5 6 Step forward on L. Pivot 3/4 turn R. (12 o'clock).
7 & 8 Rock out on L to L side. Recover on to R. Cross step L over R.

Section 2: Side Rock R, Sailor Step 1/4 Turn L, Step, Mambo Forward, Mambo Back.

1 2 Side rock out to R side on R. Recover on to L.
3 & 4 Cross step R behind L. Turn 1/4 L stepping L to L side. Step forward on R.
5 Step forward on L. (9 o'clock).
6 & 7 Rock forward on R. Recover on to L. Small step back on R.
8 & 1 Rock back on L. Recover on to R. Step forward on L.

Section 3: Step, Step Pivot 1/2 Turn R Step, Side Step, Together, Step, Forward Rock

2 Step forward on R.
3 & 4 Step forward on L. Pivot 1/2 turn R. Step forward on L. (3 o'clock).
5 & 6 Step R out to R side. Step L next to R. Step forward on R.
7 8 Rock forward on to L. Recover on to R.

Section 4: Triple Full Turn L, Side Rock R, Weave L, Sweep Back, Weave R.

1 & 2 Full turn L on the spot on L, R, L.
3 4 Rock out to R side on R. Recover on to L.
5 & 6 Cross step R over L. Step L to L side. Cross step R behind L.
7 Sweep L leg round from front to back.
8 & 1 Cross step L behind R. Step R to R side. Cross step L over R.

Section 5: Side Rock R, Sailor Step 1/2 Turn R, Tap & Heel, & Flick.

2 3 Rock out to R side on R. Recover on to L.
4 & 5 Cross step R behind L. Turn 1/2 R stepping down on ball of L. Step forward on R.
6 & 7 Tap L toe next to R instep. Small step back on L. Dig R heel forward. (9 o'clock).
& 8 Step R down in place. Flick L foot back behind.

Section 6: Step, Step Pivot 1/2 Turn L Step, Triple Full Turn R, Side Step R, Cha, Cha.

1 2 3 4 Step forward on L. Step forward on R. Pivot 1/2 turn L. Step forward on R.
5 & 6 Full turn R travelling forward on L, R, L. (3 o'clock).
7 8 & Long step R to R side. Step L next to R. Step on R next to L.

Section 7: Side Step L, Cross Touch R Behind, Side Touch R, Kick Ball Cross, Side Step R, Cross Mambo behind.

1 2 3 Long step on L to L side. Cross touch R toe behind L. Touch R toe out to R side.
4 & 5 Kick R forward to R diagonal. Step down on ball of R. Cross step L over R.
6 Long step R to R side.
7 & 8 Cross rock on L behind R. Recover on to R. Step L out to L side

Section 8: Cross Step, Full Unwind L, Step R Swaying Hips R, L, Cross Mambo Behind, Touch In, Side Step L & Drag In R.

- 1 2 Cross step R over L. Unwind full turn L transferring weight on to L.
3 4 Step R to R side swaying hips R. Sway hips L.
5 & 6 Cross rock on R behind L. Recover on to L. Step R out to R side.
& 7 8 Touch L toe next to R instep. Take a long step L. Drag R in towards L keeping weight on L.

Start Again, Enjoy!

TAG: 8 count Tag at the END of wall 2 facing 6 o'clock.

- 1 & 2 & Touch R forward. Step back on R. Touch L forward. Step back on L.
3 & 4 Touch R forward. Coming up on balls of feet pop both knees forward. Straighten legs.
& 5 & 6 Step R next to L. Touch L out to L side. Step L in next to R. Touch R out to R side.
& 7 Step R next to L. Touch L out to L side.
& 8 Coming up on balls of feet pop knees forward. Straighten legs.
& Step L next to R ready to start again.
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