

Hold On I'm Coming

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Judy Rodgers (USA) - August 2008
音乐: Hold On, I'm Coming - Michael Bolton



Intro: 16 count intro

Or Music: Brick House by the Commodores (32 count intro – start on vocals)

Kick Out Out, Knees In, Slide Back (Moon Walk) X2, Coaster Step

1&2 Kick right forward, step right to right, step left to left
3-4 Roll right knee in (right heel up), roll left knee in (right foot down, left heel up)
5-6 Slide left foot back, slide right foot back
7&8 Slide left foot back, step right beside, step left forward

Monterey ¼ Turn, Syncopated Jazz Box

1-2 Touch right toe to right side, turn ¼ right stepping right next to left,
3-4 Touch left toe to left side, step left next to right
5-6 Step right across left, step left back
&7-8 Step right to right, step left across right, step right to right side

Step, Cross X2, Rock, Recover, Turn ¼ , Touch

1-2 Step left across right (bend left knee), step right to right (straighten up left)
3-4 Step left across right (bend left knee), step right to right (straighten up left)
5-6 Rock left across right, recover to right
7-8 Step left forward turning ¼ left, touch right beside left

Turn, Turn, Shuffle Turn (1 ¼), Rock, Recover, Out Out Clap

1-2 Step forward on right turning ¼ right, Step back left turning ½ right
3&4 Step forward on right shuffling ½ turn to right (right, left, right)
(Easier option for 1-4: turn ¼ R, walk forward L, shuffle forward right, left, right)
5-6 Rock left forward, recover to right
&7-8 Step left to left, step right to right, clap

Repeat

TAG: 16 Counts

When using 'Hold on I'm Coming' dance at END of wall 1 (facing 3:00)

When using 'Brick House' dance at END of walls 1 and 3 (facing 3:00 & 9:00)

Rock, Recover, Shuffle Turn ½ Right, Forward Diagonal Hip Bumps

1-2 Rock right forward, recover to left
3&4 Shuffle turning ½ right (right, left, right)
5&6 Step left to left diagonal bumping hips left, right, left
7&8 Step right to right diagonal bumping hips right, left, right

Rock, Recover, Shuffle Turn ½ Left, Forward Diagonal Hip Bumps

1-2 Rock left forward, recover to right
3&4 Shuffle turning ½ left (left, right, left)
5&6 Step right to right diagonal bumping hips right, left, right
7&8 Step left to left diagonal bumping hips left, right, left

