# Trashed

级数: Beginner

编舞者: Rafel Corbí (ES) - August 2008

音乐: Let's Get Trashed - Mica Roberts & Toby Keith

**墙数:**4



Intro: 32 counts (vocals).

拍数: 32

# Triple Step Diagonally Forward - Hold Or Scuff - Rocking Chair

- Step forward with right foot (diagonally to right) left beside right 1-2
- 3-4 Step forward with right foot (diagonally to right) - hold (or scuff left beside right)
- 5-6 Rock forward with left foot - recover to right
- 7-8 Rock back with left foot - recover to right

# Triple Step Diagonally Forward - Hold Or Scuff - Rocking Chair

- 9-10 Step forward with left foot (diagonally to left) - light beside left
- 11-12 Step forward with left foot (diagonally to left) - hold (or scuff right beside left)
- 13-14 Rock forward with right foot - recover to left
- 15-16 Rock back with right foot - recover to left

# Step Forward - Touch - Step Back - Touch - Basic To Right

- 17-18 Step forward with right foot - touch left beside right and clap hands
- 19-20 Step back with left foot - touch right beside left and clap hands
- 21-22 Step right to right side - left beside right
- 23-24 Step right to right side - left beside right (touch)

### Low Mambo Step - Jazz Box

- Rock forward with left foot recover to right foot 25-26
- 27-28 Step left foot beside right - hold & clap
- 29-30 Cross right foot over left - small step left foot to left and bacl
- 31-32 Small step right foot to right side - step left forward

### Repeat