

# The Promise

拍数: 48      墙数: 4      级数: Intermediate  
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音乐: La promesse - Roch Voisine



## Hips Sways Left, Right, ¼ Turn Left, ¼ Turn Forward Basic, ½ Turn Back Basic

1-2-3      Sway hips left  
4-5-6      Sway hips right making ¼ turn left (weight ends on right)  
7-8-9      Making ¼ turn left step left forward, step right beside, step left in place  
10-11-12      Making ¼ turn left step right to side, step left back ¼ left, step right beside left

## Side-Slide Left, Side-Slide Right, Left ¼ Turn Twinkle, Right Twinkle ¼ Turn Right

1-2-3      Step left to side, slide right in over 2 counts  
4-5-6      Step right to side, slide left in over 2 counts  
7-8-9      Cross left over right, step right to side, step left to side ¼ turn left  
10-11-12      Cross right over left, step left back ¼ turn right, step right forward making ½ turn right

## Forward Rock, Back, Reverse Twinkles Right & Left, Together-Side-Touch

1-2-3      Rock left forward, recover, step left back  
4-5-6      Sweep right behind left, step left to side, step right to side  
7-8-9      Sweep left behind right, step right to side, step left to side  
10-11-12      Step right beside left, step left to side, touch right beside left

## Rolling Vine Right, ½ Turn, Back Rock Recover, ¼ Turn Right Twinkle, Cross Rock, Side Touch

1-2-3      Step right forward ¼ turn right, step left side ¼ turn, step right to side ½ turn right  
4-5-6      Pivot turn ½ right stepping left to side, rock right behind, recover  
7-8-9      Cross right over left, step left to side making ¼ turn right, step right to side  
10-11-12      Cross rock left over right, recover, touch left to left side

## Repeat

## TAG: End of 2nd and 4th wall

1-6      Twinkle left, twinkle right

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