

Open Door

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Alison Carrington (UK) - August 2008
音乐: Open Door - BWO



Intro: Counting slow beats wait for 8 counts then begin

Side, Cross & Side, Cross & Back, Sweep Back, Rock ½ Turn

1-2&3 Step right to right, cross left over right, recover onto right, step left to left
4&5 Cross right over left, recover onto left, sweep right behind left
6&7 Sweep left behind right, sweep right behind left, sweep left behind right
8&1 Rock right back, rock left forward, make ½ turn to left stepping right back

Rock ½ Turn, Sailor Step, 2 Full Turns To Left

2&3 Rock left back, rock right forward, make ½ turn to right stepping left back
4&5 Bring right behind left, step left to left, recover onto right
6&7 Step left forward, make ½ turn to left stepping right back, make ½ turn to left stepping left forward
&8 Make ½ turn to left stepping right back, make ½ turn to left stepping left forward
&1 Step right forward, step left forward

Alternative to full turns left from count 6

6&7 Step forward left, lock right to left, step forward left
&8&1 Step forward right, lock left to right, step forward right, step forward left

Rock & Cross, Sweep Front, Side, Behind, Hip Sways & Step

2&3 Side rock to right on right, recover onto left, cross right over left
4&5 Sweep left foot round and across right, step right to right, bring left behind right
6&7-8 Hip sway right, left, right, step forward with left

Step ¼, Cross, Left, Lock, Left, Walk, Walk, Walk, 3 Hip Sways

1&2 Step on right, make ¼ turn left stepping on left, cross right over left
3&4 Bring left leg round & step left forward, bring right to left, step forward left
5&6 Walk forward right, walk forward left, walk forward right
7&8& Hip sway left, right, left (weight on left) & hold

Repeat

RESTARTS:

On wall 2 dance up to count 28 (left, lock, left) then begin dance again (facing back wall)

On wall 4 dance up to count 16 (full turns left) miss out the & count then begin dance again (facing 3:00 wall)

ENDING: Dance ends with full turns ending on back wall & turn finishes exactly on the last beat of the music