

Over & Under

拍数: 32 墙数: 2 级数: Improver
编舞者: Bill Coombs (UK) - August 2008
音乐: I Could Get Over Him - Kacey Jones



WEAVE, CROSS ROCK, ¼ TURN SHUFFLE

1 – 2 Cross step Right over Left, step Left to Left side
3 – 4 Cross step Right behind Left, step Left to Left side
5 – 6 Cross rock Right over Left, rock weight back onto Left
7 & 8 Step Right ¼ turn Right, close Left beside Right, step Right forward

ROCK, TRIPLE ½ TURN, TRIPLE ½ TURN, COASTER STEP

9 – 10 Rock forward on L, rock weight back onto R
11 & 12 Triple ½ turn L travelling back stepping L, R, L
13 & 14 Triple ½ turn L travelling back, stepping R, L, R
15 & 16 Step L back, step R beside L, step L forward

WEAVE, CROSS ROCK, ¼ TURN SHUFFLE

17 – 18 Cross step R over L, step L to L side
19 – 20 Cross step R behind L, step L to L side
21 – 22 Cross rock R over L, rock weight back onto L
23 & 24 Step R ¼ turn R, close L beside R, step R forward

ROCK, FULL TURN, WALK BACK, WALK BACK, COASTER STEP

25 – 26 Rock forward on L, rock weight back onto R
27 – 28 Make ½ turn L stepping L forward, make ½ turn L stepping R back
29 – 30 Step L back, step R back
31 & 32 Step L back, step R beside L, step L forward

START AGAIN

TAG: Dance once, at the end of the 4th wall

1 & 2 Step R forward, close L beside R, step R forward
3 & 4 Step L forward, close R beside L, step L forward
5 – 6 Rock forward on R, rock weight back onto L
7 & 8 Shuffle ½ turn R stepping R, L, R

9 – 10 Step L forward, pivot ½ turn
11 & 13 Step L forward, close R beside L, step L forward
13 – 14 Step R forward, pivot ½ turn L
15 – 16 Step R forward, pivot ½ turn L