

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Chemistry - Alcazar : (CD: Alcazarized)



Intro: 48 count intro

Long Weave Left, Left Hitch 'N' Touch, Pivot ½ Turn Left, Sweep ½ Hitching Turn Left

- 1-2 Cross right over left, step left to left side,
3&4 Cross right behind left, step left to left side, cross right over left,
5-6 Hitch left, touch left toe back,
7-8 Pivot ½ left (stepping onto left), continue turning left by sweeping right ½ left into a right hitch.

Shuffle Forward Right, Left Rock Recover, ¼ Turn Heel Shrugs x2

- 1&2 Step forward right, close left beside right, step forward right,
3-4 Rock forward left, recover right,
5&6 Step left ¼ left, lift both heels, lower heels,
7&8 Step right ¼ left, lift both heels, lower heels.

NOTES:

- *1. As you ¼ step discretely straighten up the non stepping foot
- *2. On the heel lifts bend your knees for extra disco styling!

¼ Turn Heel Shrug, Right Cross Rock & Side, Cross-Back, Left Coaster Step

- 1&2 Step left ¼ right, lift both heels, lower heels,
3-4& Cross rock right over left, recover left, step right to right side,
5-6 Cross left over right, step right back
7&8 Step back left, step right beside left, step forward left.

Step-Pivot ½ Turn Left, Right Rock Recover, ½ Turn Right, Left Rock Recover, ½ Turn Left

- 1-2 Step forward right, pivot ½ turn left,
3-4 Rock forward right, recover left,
5-6 ½ turn right stepping right forward, rock forward left,
7-8 Recover right, ½ turn left stepping left forward.

Full Triple Turn, Left Rock & Side, Disco Hops

- 1&2 Triple step full turn left, stepping - right, left, right,
3-4& Rock forward left, recover right, step left to left side,
5&6 Touch right beside left, hop back right to right side, touch left beside right,
&7 Hop back left to left side, touch right beside left,
&8 Hop back right to right side, touch left beside right.

NOTES: The disco hops should travel backwards.

Left Coaster Step, Right Scuff-Hitch-Out, Right Heel ¼ Swings, Disco Thrust

- 1&2 Step back left, step right beside left, step forward left,
3&4 Scuff right through left instep, hitch right knee outwards touching right toe ¼ right,
5&6& (Keeping right toe fixed) swing right heel ¼ right, ¼ left, ¼ right, ¼ left,
7 Reach both arms forward to right diagonal while pushing your bum out,
8 Pull arms inwards either side of your hips while thrusting your hips forward,

STYLING: On counts 7-8 you can click your fingers for added pizzazz!