

Still Waters

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Tom Monaghan (NZ) & Wendy Monaghan (NZ) - August 2008
音乐: Old Bridges Burn Slow - Billy Joe Royal



(start on vocals)

Sect 1: SIDE, ROCK, CROSS SHUFFLE, SIDE, ROCK, CROSS SHUFFLE

123&4 Step R to right side, rock onto L, cross shuffle R.L.R,
567&8 Step L to left side, rock onto R, cross shuffle L.R.L.

Sect 2: FWD, ROCK, ½ TURN SHUFFLE, FWD, ROCK, ¼ SAILOR.

123&4 Step R fwd, rock back onto L, ½ turn right & shuffle fwd R.L.R,
567&8 Step L fwd, rock back onto R, step L behind R turning ¼ L, step R to side, step L to side.

Sect 3: FWD, TOUCH, SHUFFLE, ½ TURN SHUFFLE, FWD, ¼ PIVOT, STEP.

123&4 Step R fwd, touch L behind R, shuffle back L.R.L,
5&67&8 Turn ½ right & shuffle fwd R.L.R, step L fwd, & pivot ¼ R, step L fwd. #

Sect 4: FWD SHUFFLE, ¼ PIVOT STEP, CROSS, BACK, SIDE SHUFFLE.

1&23&4 Shuffle fwd R.L.R, step L fwd, & pivot ¼ R, step L fwd,
567&8 Step R over L, step L back, shuffle to side R.L.R.

Sect 5: STEP, TOUCH, CROSS, SIDE, ROCK X 2.

123&4 Step L over R, touch R to side, step R over L, & step L to side, step R to side,
567&8 Step L over R, touch R to side, step R over L, & step L to side, step R to side.

Sect 6: STEP, TOUCH, BACK SHUFFLE, ¼ TURN, SHUFFLE, FWD, PIVOT, STEP.

123&4 Step L fwd, touch R behind L, shuffle back R.L.R,
5&67&8 Turn ¼ left & side shuffle L.R.L, step R fwd, & pivot ½ turn left, step R fwd.

Sect 7: SIDE, ROCK, BEHIND, SIDE, CROSS, X 2.

123&4 Step L to side, recover on R, step L behind R, step R to side, step L over R,
567&8 Step R to side, recover on L, step R behind L, step L to side, step R over L.

Sect 8: SIDE, ROCK, CROSS X 2. FWD, ROCK, SHUFFLE.

1&23&4 Step L to side, recover on R, step L over R, step R to side, recover on L, step R over L,
567&8 Step L fwd, rock back onto R, shuffle back L.R.L.

REPEAT DANCE.

***Restart on wall 4: Dance to count 24 then restart (facing 6-00)**