

Turn Me Loose

COPPER KNOB
BY STEPHEN BRETZ

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Simon Ward (AUS) - February 2008
音乐: Turn Me Loose - Young Divas



Intro 24 counts in (approx 15 secs)

- 1&2 Cross/step right over left, step left to left side, Cross/step right over left
&3&4 Make ½ left on right foot, cross/step left over right, Step right to right side, Cross/step left over right
&5&6 Make ½ right on left foot, cross/step right over left, Step left to left side, Cross/step right over left
7-8 Rock/step left to left side, rock/recover weight onto right at centre (12.00)
- 1&2 Step left behind right, step right to right side, cross/step left over right
3&4 Hold, step right to right side, cross/step left over right
5-6 Step right to right side making a ¼ turn right, Step left forward making a ½ turn right
7&8 Step right back, step left beside right, step right forward (9.00)
- 1&2& Touch left toe forward, step left beside right, touch right toe forward, step right beside left
3&4 Touch left toe forward, step left beside right, touch right toe to right side
5-6 Cross/step right over left, step left to left side starting to swing right behind left
7&8 Step right behind left turning ¼ right, step left beside right, step right slightly forward finishing ¼ turn (12.00)
- 1-2 Step left forward making a ½ turn right, step right back making a ½ turn right
3&4 Shuffle forward left, right, left
5-6 Kick right forward, step right back bringing right shoulder forward and left shoulder back
7-8 Roll right shoulder back leaning weight back, Take weight forward onto left flicking right back (12.00)
- 1-2 Step right forward, Pivot a ½ turn left taking weight onto left
&3-4 Step right slightly forward, touch left toe to left side, cross/step left over right
5-6 Step right to right side making a ¼ turn left, step left back making a further ¼ turn left (12.00)
7&8 Make a 1/8 turn left and shuffle fwd right, left, right (10.30)
- 1-2 Step left forward, pivot a ½ turn right taking weight onto right (4.30)
3-4 Rock left forward rolling body slightly up, rock/recover weight back on right lifting left
5&6 Shuffle forward left, right, left
7-8 Step right forward, pivot 3/8 turn left taking weight onto left (12.00)
- 1&2& Kick right across left, step right beside left, touch left to side, step left beside right
3&4 Cross/step right over left, step left to left side, touch right heel at 45 deg right
&5-6 Step right beside left, cross/step left over right, step right to right side making a ¼ turn left (9.00)
7&8 Make a further ¼ turn left and shuffle to left side left, right, left (6.00)
- 1-2 Cross/rock right over left, rock/recover weight back onto left
3-4 Step right to right side making a ¼ turn right, step left forward making a ½ turn right
5-6 Step right back making a ½ turn right, step left forward making a ½ turn right
7-8 Make a further ¼ turn right & rock/step right to right side, rock/recover weight onto left (6.00)
- (counts 3-8 are 2 full turns to your right, flick your legs back when your doing the turns)**

RESTART
