

Shine Ya Light

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Shine - Aswad



Start after a 16 count intro.

Rolling Vine R, Cross Rock In Front, Rolling Vine L, Cross Rock Back.

- 1 2 Turn 1/4 R stepping forward on R. Turn 1/2 R stepping back on L.
- 3 Turn 1/4 R stepping R to R side.
- 4 & Cross rock on L over R. Recover on to R.
- 5 6 Turn 1/4 L stepping forward on to L. Turn 1/2 L stepping back on R.
- 7 Turn 1/4 L stepping L to L side.
- 8 & Cross rock on to R behind L. Recover on to L.

Walk Forward x 2, Paddle Turn L x 2, Rock Forward, Rock Back, Side Rock, Recover With 1/4 Turn R, Step Back, Together.

- 1 2 Walk forward on R, L.
- 3 & 4 & Touch ball of R forward, Paddle 1/4 turn L, Repeat.
- 5 & 6 & Rock forward on R. Rock back on L. Rock back on R. Rock forward on L.
- 7 & Rock on R out to R side. Recover on to L with 1/4 turn R.
- 8 & Step back on R. Step L next to R.

Dorothy Step Forward, Dorothy Step Back, Turn 1/4 R Stepping R, Sailor Step, cross Touch.

- 1 2 & Step R forward to R diagonal. Lock step L behind R. Step on ball of R in place.
- 3 4 & Step back on L on L diagonal. Lock step R over L. Step on ball of L in place.
- 5 Turn 1/4 R stepping R out to R side.
- 6 & 7 Cross step L behind R. Small step R to R side. Step L out to L side.
- 8 Cross touch R toe over to L diagonal.

R Hitch With 1/4 Turn R, Step Back R, Step back on L, Dig R Heel Forward, Step down on R, Syncopated Cross Shuffle Full Turn L.

- 1 Hitch R knee up pivoting 1/4 turn R.
- 2 3 Step back on R. Step back on L & shimmy shoulders.
- 4 Dig R heel forward sitting back on L with L knee relaxed.
- 5 Step down on R.
- 6 & 7 & Making a full turn L cross step L over R. Step down on ball of R x 2.
- 8 Cross step L over R.

(6 – 8) complete a full turn L making a small circle.

End of dance. Start again. ENJOY!

TAG: 2 Count tag At the END of wall 1 facing 3 o'clock.

- 1 2 Stomp down on R, Stomp down on L slightly to L side.

RESTART: On wall 10 AFTER count 8 so after the rolling vine L and back rock. (3 o'clock).