

Going Down (aka Pancakes)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Francien Sittrop (NL) - July 2008
音乐: Curious (feat. Juelz Santana) - Danny Fernandez : (3:26)



Intro : start after he says down after 8 sec.

When he says "Down" go down and touch the floor with both hands(head down), come slightly up (roll your back up) and Head up and start the dance

(1 – 8) Big Step R Side, Touch Back, Kick Ball Cross and Cross , ¼ Turn L, ¼ Turn L, ¼ Turn L

1 – 2 Step R big step R, bend R knee and Touch L behind R
3 & Kick L fwd, Step L down
4 & 5 Step R across L, Step L to L side, Step R across L
6 ¼ Turn R step L back
7 – 8 ¼ Turn R step R fwd, ¼ R step L to Left side (9.00)

(9-16&) And Step, L Lunge (look L), Recover, Sailor ½ Turn L, Toe Touches and Kicks

8&1–2 Step R next to L, Lunge L Diag. To L side and Look to the L side, Recover on R and Sweep L to the Back
3 & 4 Make ½ Turn L and step L behind R, Step R to R side, Step L in Place (3.00)
5&6& Touch R to R side, Step R next to L, Touch L to L side . Step L next to R
7&8& Kick R fwd, Step R next to L, Kick L fwd, Step L next to R

Styling count 5-8&: go little bit down your knees

(17-24&) Skate Out , Skate Out, Hip Bumps in circle , And Cross, Hitch , Kick, Cross , ¼ Turn L, Side

1 – 2 Skate R fwd out, Skate L out
3 & 4 Bump hips from left, from Back to Right
&5-6 Step L next to R, Step R fwd R (little bit Diag. to the R) , Hitch L across
7&8& Kick L fwd ,Step L across R, ¼ Turn L and step R back, step L to L side

(25-32&) Step R Diag. L Fwd, Step L Diag L Fwd , Mambo Touch Back , ¾ Turn R , Kick, Cross, Side, Close

1 – 2 Step R Diag. L fwd, Step L fwd
3 & 4 Rock R fwd, Recover on L, Touch R back (10.30)
5 – 6 ¾ Turn R , Touch L to left side
7&8& Kick L fwd, step L across R, Step R to R side, Step L next to R (9.00)

Start Again

Ending:

Dance last wall (back wall) last count (32&) ¼ Turn L step R back, Step L fwd and pose ...