

Out Of Controle

拍数: 32 墙数: 2 级数: Beginner
编舞者: Greywolf (NL) & Wiya Wambli (NL) - 2008
音乐: Time to Get Crazy - Travis Tritt



Or Music: Lari White – Wild At Heart – 173 BPM

Step, Jump ¼ Turn Left, Jump ¼ Turn Left, Step, Jump ¼ Turn Right, Jump ¼ Turn Right, Stomp, Stomp

- 1 LF step forward
- 2 LF jump ¼ turn left in place and sway R-leg to right
- 3 LF jump ¼ turn left in place and sway R-leg to right
- 4 RF step forward
- 5 RF jump ¼ turn right in place and sway L-leg to left
- 6 RF jump ¼ turn right in place and sway L-leg to left
- 7 LF stomp in place
- 8 RF stomp in place

Vine Left, Brush, Vine Right, Stomp

- 9 LF step to left
- 10 RF cross behind LF
- 11 LF step to left
- 12 RF brush forward
- 13 RF step to right
- 14 LF cross behind RF
- 15 RF step to right
- 16 LF stomp next to RF

Swivel & Bend Knees 2x, ½ Pivot Turn Right, Rockstep

- 17 RF & LF heels to right and bend knees
- 18 RF & LF heels back to centre and stretch legs
- 19 RF & LF heels to left and bend knees
- 20 RF & LF heels back to centre and stretch legs
- 21 LF step forward
- 22 RF & LF ½ turn right (weight on RF)
- 23 LF step forward
- 24 RF step back

Back, Kick Fwd, Back, Kick Fwd, Back, Back, Walk, Walk

- 25 LF step back
- 26 RF kick forward
- 27 RF step back
- 28 LF kick forward
- 29 LF step back
- 30 RF step back
- 31 LF step forward
- 32 RF step forward

Start Over.