

# New Double Trouble

拍数: 32      墙数: 4      级数: Beginner Polka  
编舞者: Louise Elfvengren (NOR) - July 2008  
音乐: Double Trouble - Travis Tritt & Marty Stuart : (CD: The restless kind)



Intro: 24 Counts.

## Alternavtive music:

The Chieftains & Ricky Skaggs – Cotton eyed Joe; 16 counts intro.  
Irish music fits very well, like Shamrocks – Ballymore Boys.

## SECTION 1: HEEL GRIND $\frac{1}{4}$ , COASTERSTEP, SHUFFLE, $\frac{1}{2}$ SHUFFLETURN

1-2            Dig right heel and turn  $\frac{1}{4}$  right (weight on left foot) (3)  
3&4           Step back onto right, bring left in place, step forward on right  
5&6           Step left forward, step right next to left, step left forward  
7&8           Turn  $\frac{1}{2}$  right stepping right-left-right (9)

## SECTION 2: CHASSE LEFT, SHUFFLE, $\frac{1}{4}$ CHASSE LEFT, HEEL HOOK

1&2           Step left to left side, close right beside left, step left to the side  
3&4           Step right forward, step left next to left, step right forward  
5&6           Turn  $\frac{1}{4}$  left forward, close right beside left, step left to the side (12)  
7-8           Right heel forward, hook right foot over left leg

## SECTION 3: SHUFFLEBOX

1&2           Step right to right side, close left beside right, step right to the side (12)  
3&4           Turn  $\frac{1}{4}$  left , close right beside left, step left to the side ( 9)  
5&6           Turn  $\frac{1}{4}$  right, close left beside right, step right to the side ( 6)  
7&8           Turn  $\frac{1}{4}$  left , close right beside left, step left to the side ( 3)

## SECTION 4: JAZZBOX $\frac{1}{4}$ TURN X 2

1-4           Cross step right over left, step left back, step right to right side, step left beside right (6)  
5-8           Cross step right over left, step left back, step right to right side, step left beside right (9)

**Note: When music gets faster make sure to take polkasteps when you dance**

**ENJOY THE DANCE**

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