

El Shaddai

拍数: 32 墙数: 4 级数: Improver
编舞者: Yeo Yu Puay (MY) - May 2008
音乐: El-Shaddai - Amy Grant : (CD: Classic Gold)



Dance begins on the vocals on "dai" of El Shaddai

Side, Back-Rock, Side, Cross-Rock, Full Triple Turn Right (Moving To Right), Cross, Side-Rock Cross

- 1 2& Step right to the side(1), step left behind right(2), recover weight onto the right(&)
3 4& Step left to the side(3), cross right over left(4), recover weight onto the left(&)
5 6&7 Turning $\frac{1}{4}$ right step right forward(5), turning another $\frac{1}{4}$ right step left to the side(6), continue turning another $\frac{1}{2}$ right stepping right to the side(&) [you'd have made a full right turn moving to the right], cross left over right (7)
8& 1 Step right to the side(8), recover weight onto the left(&), cross right over left(1)

Full Triple Turn Right (Moving To Left), Cross Rock, Diagonal Back Lock Back, Diagonal Back, Drag

- 2& 3 Turning $\frac{1}{4}$ right step left back(2), Turning $\frac{1}{4}$ right step right to the side(&), turning another $\frac{1}{2}$ step left to the side(3) [you'd have made a full right turn moving to the left]
4& 5 Cross right over left(4), recover weight onto the left(&), take a big step diagonally right back(5)
6& 7 8 Lock left in front of right(6), step right diagonally back(&), take a big step diagonally left back(7), drag right foot to touch next to left(8)

Step Forward, Full Triple Turn Right Forwards Ending In A Lunge, Step Right Back Sweeping Left, Step Left Back Sweeping Right, Step Right Back Sweeping Into A Left Sailor, Right Scissors

- 1 Step right foot forward(1)
2& 3 Turning $\frac{1}{4}$ right step left to the side(2), turning $\frac{1}{2}$ right step right to the side(&), turning $\frac{1}{4}$ right step and lunge left foot forward(3)
4 Recover weight onto right, sweeping left foot back
5 Step left back, sweeping right foot back
6 Step right back, sweeping left foot back
&7& Step left foot behind right(&), step right to the side(7), step left on the spot(&)
8& 1 Take a big step to right (8), step left next to right(&), cross right over left(1)

Step Lock Step Into Left Diagonal, Step Lock Step Into Right Diagonal, Cross Rock Side, Drag & Turn $\frac{1}{4}$ Left, Pose

- 2& 3 Step left forward into the left diagonal(2), lock right behind left(&), step left forward into the left diagonal(3)
4& 5 Step right forward into the right diagonal(4), lock left behind right(&), step right forward into the right diagonal(5)
6& 7 Cross left over right(6), recover weight onto the right(&), take a big step to the left(7)
8 Drag right foot towards the left ending with a $\frac{1}{4}$ turn left, right toe pointed down, knee out in a figure 4, head looking to the right(8)

Start again facing new wall

RESTART: There is a restart AFTER the FIRST 16 beats on Wall 4 (facing 3 o'clock).

TAG: There is a tag at the END of Wall 5 (facing 3 o'clock). Here the music slows down into a pause. The last 4 beats of that wall be as follows:

Cross Rock Side, Drag, Cross & Unwind $1\frac{1}{4}$ Left, Hold.....

- 6& 7 Cross left over right, recover weight onto the right, take a big step to the left

8& 1 hold Drag right foot towards the left, cross right over left, do a slow $1\frac{1}{4}$ left unwind to face 12 o'clock(keeping weight on the left), then hold till the singer sings El Shaddai starting again on the "dai"

Start again facing 12 o'clock

OPTIONAL:

When the music builds up at the end of Wall 6 (facing 12 o'clock), you can add two quick paddles to the last two beats turning $1\frac{1}{4}$ left, as follows:

Cross Rock Side With $\frac{1}{4}$ Turn Left, Two Quick Paddles Turning Full Turn Left

6& 7 Cross left over right, recover weight onto the right, take a big step to the left turning $\frac{1}{4}$ left

&8&a Step ball of right foot forward and turn a $\frac{1}{2}$ left shifting weight to the left foot, Step ball of right foot forward and turn a $\frac{1}{2}$ left shifting weight to the left foot

Start again facing 9 o'clock wall

Express yourself..... and enjoy! J

****Special thanks to**:**

Judy, Alice and Pat for their invaluable input to this dance, and especially to my El Shaddai... THANK YOU for the gift of dance.
