

Moments

拍数: 48 墙数: 2 级数: Intermediate / Advanced
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音乐: Moments - Emerson Drive : (CD: Countrified)



Starts after a 16 count intro with weight on the L foot

R Coaster, Together, Forward, Drag & Step, R back, Drag-Cross, Step, Touch, 1/2 L (weight R)

- 1&2&3,4 Step R back, step L beside R, step R forward, step L beside R, large step forward R, drag L forward and step L beside R
5,6& Step back on R to R 45o (large step), drag L foot across in front of R and step on L, step back on R to R 45o (small step)
7,8 Touch L toe back, make 1/2 turn L leaving weight on R foot

L Coaster, Sweep/step, Sweep/step, Side Rock/Replace, Behind, Side, Cross, Side

- 1&2,3,4 Step L back, step R beside L, step L forward, sweep R around and step R forward, sweep L around and step L forward
5,6,7&8& Rock/step R to R side, replace weight on L (####), step R behind L, step L to L side, cross R over L, step L to L side

R Back, Drag-Cross, Step, L Coaster, Together, Forward Rock/Replace, 1 1/2 L (traveling back)

- 1,2& Step back on R to R 45o (large step), drag L foot across in front of R and step on L, step back on R to R 45o (small step)
3&4& Step L back, step R beside L, step L forward, step R beside L
5,6,7&8 Rock/step L over R, replace weight on R, 1/2 L and step L forward, 1/2 L and step R back, 1/2 L and step L forward

Side Rock/Replace, R Sailor, Behind, 1/4 R and Rock/Replace, 1/2 Shuffle R

- 1,2,3&4 Rock/step R to R side, replace weight on L, step R behind L, step L to L side, step R to R side
&5,6 Step L behind R, 1/4 R and rock/step R forward, replace weight on L
7&8 Traveling back shuffle R-L-R turning 1/2 R

Large Step Back and Drag x 2, L Coaster Cross, Side, Cross Rock/Replace, Together, Cross Rock/Replace, 1/4 R

- 1,2 Large step back L and drag R heel back, large step back R and drag L heel back
3&4& Step L back, step R beside L, cross L over R, step R to R side
5,6&7,8& Rock/step L over R, replace weight on R, step L beside R, rock/step R over L, replace weight on L, 1/4 R and step R forward

Step, 1/2 Pivot R, Shuffle Forward, Side Rock/Replace, Together, Side Rock/Replace, Together

- 1,2,3&4 Step L forward, 1/2 pivot turn R onto R, step L forward, step R beside L, step L forward (***)
5,6&7,8& Rock/step R to R side, replace weight on L, step R beside L, rock/step L to L side, replace weight on R, step L beside R

Restart dance from beginning.

RESTART:

On wall 2 dance to count 44 (***) then restart from the beginning facing 12.00
On wall 5 dance to count 14 (####) then restart from the beginning facing 6.00

ENDING: On wall 8 dance to count 26 then R sailor with 1/2 turn R to finish facing 12.00

